

FREE

AUGUST 2010

the *Hummm*

ARTS, ENTERTAINMENT & IDEAS



August's Events 24 & 25



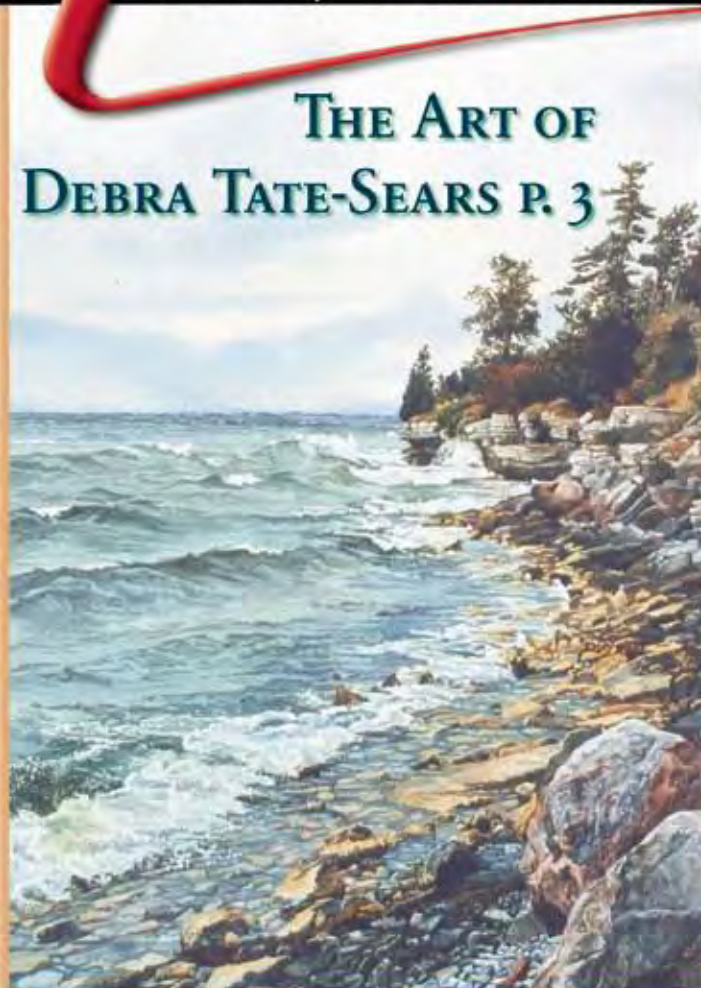
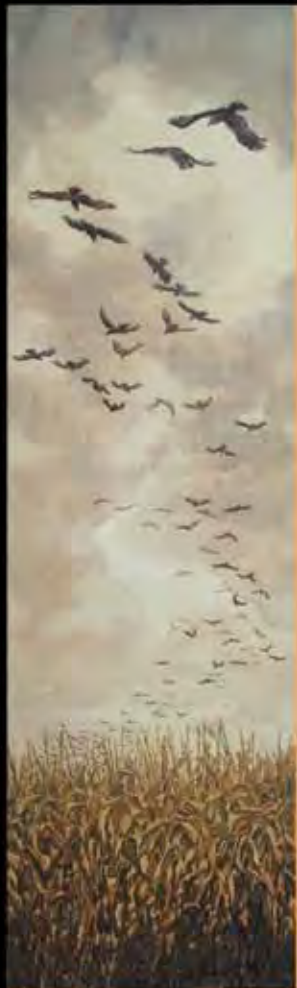
International Puppet Festival special section 15-18



Hanging Around the Valley 13



Summer Reading 14



THE ART OF DEBRA TATE-SEARS P. 3



the **Paint Store**

Olde Century Colors have been carefully selected from 18th and 19th century architectural examples. Recapturing the tradition of the early American paint craftsman, our milk paints, acrylic latex paints, oil base paints, gel stains and varnishes are manufactured in small batches with meticulous attention to detail, just as our skilled forefathers did in the 1800s.

Valley
DESIGN CO.

22 Lake Avenue East, Carleton Place

257-1197

www.valleydesignco.com





"Ever think of submitting one of these to the Giller committee?"

Readers Write

The following poem was sent in by **Fern Martin**, who had volunteered to weed the new Riverwalk garden next to the Almonte Old Town Hall when she noticed a condom on the mulch.

Keep Your Seed Out of Our Garden!

There was a condom in the garden
'tween the poppy and the stone
And I wondered how it got there
'cause the thing was all alone.

Looking old and used and wrinkled
Looking sad and rather glum
Atop the mulch and blossoms
Its purpose gone and done.

Now a garden's full of seedlings
Procreation's goin' on
There's sex galore 'tween earth and shore
And even on your lawn!

But a condom has a different use
To stop the man from breeding
Sharing his seed with mother egg;
There is no need for weeding.

This condom's done its duty
It's had its fun, I'm sure, Sir.
But next time fellow, pick it up
and put it in the dumpster.

FREE LUNCH FRAMING
Until Sept. 30, spend \$50 on framing and receive a coupon worth \$10 at the bistro.
Plus, for every additional \$10 spent, we'll add another \$2 to the coupon.

Heirloom Cafe Bistro

Philip K. Wood
Picture Framing
292-4406
7 Mill St., Almonte

Who's Reading theHummm



Jocelyn and Brin Jones from Westport, ON, were caught reading theHummm in Menerbes, Provence, France in September of 2008.

Last month's missing caption: Barbara Rosenes and Hilary Evans of Ottawa enjoyed catching up on the news outside the Tourist Information Office in Uummannaq, Greenland.

To the Editor:

I wanted to write regarding Almonte's new Power Plant. Richard Limmert is a well known Ottawa (now Edmonton, I believe) architect who did a fine job on what I'm sure was a tight budget. The Mississippi River Power Commission is to be commended on seeing the project through with good aes-

thetics in both the architectural and landscaping plans. The project even incorporates an extension of the Riverwalk and also has a publicly visible meter which will tell you exactly how many green kilowatts are being produced at any given moment. Well done. — Stephen Brathwaite

Dear Editor,

In the July 2010 issue of theHummm are comments mentioning that John Dunn's name was missing in the promotion for the 25th anniversary of the Mississippi Valley Textile Museum's (MVTM) Victorian Garden party event. We certainly agree that John Dunn gave greatly to the museum both as a founder and as an active member. He was the chairman of the first committee created by the

Town Council of Almonte to look into the creation of the MVTM. In addition, his treatise "The Rosamond Romance with the Town of Almonte" is included in the museum's recently published book *Our Past is Looming*; it gives an excellent account of local history. John Dunn's name is treasured by the MVTM as a founder, historian and author of note. My sincerest apologies, — Michael Rikley-Lancaster

Humble Thought

"His heart is in the right place...
I don't know what is where his brain should be."
— anonymous



PO Box 1391
Almonte ON K0A 1A0
Phone: (613) 256-5081

Editor:
Kris Riendeau
editor@thehummm.com

Layout and Design:
Rob Riendeau
rob@thehummm.com

Advertising and Promotions:
Kris Riendeau
Phone: (613) 256-5081
kris@thehummm.com

Assistant Editor:
Rona Fraser
rona@thehummm.com

theHummm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions
may be submitted by email or on disk.

Deadline
is the 22nd of the month prior to publication.

Subscriptions
cost \$35 (includes HST) for one year (12 issues). Send a cheque with your name and address to: theHummm
PO Box 1391
Almonte ON K0A 1A0.

Opinions and information published in theHummm in letters, press releases, or individual columns do not necessarily reflect the opinion of this newspaper.

All writing, artwork, and photographs published in theHummm are copyright to the author, or to theHummm in the case where no author is specified. Reprinting any content without permission violates copyright and is prohibited (and despicable!).

Thanks this month to:
Cynthia and Tony Stuart for all their hard work organizing *The Night is Young* — an event to raise money for The Young Awards Foundation. Thanks also to Adrian at Reliable Heating & Cooling for generously sponsoring the event!

Harwig Heritage Carpentry
Neil Harwig 613-256-4798
cell: 613-715-3802
www.harwigheritagecarpentry.ca

Debra Tate-Sears: Untouched by Time

From her first exposure to the 18th century artworks of the British Romanticists, watercolourist Debra Tate-Sears has been addicted. Almost thirty years later, her unique Canadian interpretation of this artistic movement remains as passionate and evocative as when she began her studies of art history at Carle-

by Sally Hansen

ton University. Her themes have varied over the decades, but her accomplished rendering of the dramatic effects of natural light is the constant that distinguishes her substantial body of work.

Throughout her career this prolific painter has mastered the unpredictable nature of her chosen watercolour medium with a meticulous, self-taught technique. She has developed a signature palette based on variations on the primary colours. Starting her paintings with pale

masking out, no 'Chinese White' or body colour, nothing but pure transparent watercolour and an obsessive attention to detail."

The results are gorgeous. Her ability to convey mood is extraordinary. Her exploration of her fascination with light through her transparent medium creates atmosphere that transports her viewers into her aesthetic experience. It is magical. It is "emotional."

Sing a Song

Like her Romantic muses, John Sell Cotman, Thomas Girtin, John Constable and J. M. W. Turner, Tate-Sears espouses the fundamental underpinning of "emotionalism," defined by the ArtLex Art Dictionary <www.artlex.com> as "an aesthetic and critical theory of art which places emphasis on the expressive qualities. According to this theory, the most important thing about a work of art is the vivid communication of

Untouched by Time

The Romantic interpretation of landscape, sky, weather, place, architecture, events and the pastoral and picturesque remains as popular today as it became in the 19th century. On September 9, 2005, BBC Radio in conjunction with the National Gallery of Great Britain announced that the British public had chosen an 1838 painting by J. M. W. Turner as the winner of their "Greatest Painting in Britain" Poll. Right behind Turner's *The Fighting Temeraire* in second place was *The Hay Wain* by John Constable, finished in 1821. Debra Tate-Sears isn't alone in her ongoing love of the past.

The Picturesque and the Pastoral

Debra's art is strongly influenced by her upbringing in Tweed, a small farming community in southeastern Ontario. Born into a family of educators, she grew up in a very supportive, positive environment. Her grandfather was a hobby painter in addition to being a teacher and writer. As a member of the small Toronto arts community in the 1920s and '30s, he played host to Fred Varley and Arthur Lismer when they sketched and painted at his summer cottage.

Having met "lots of struggling artists," when she left home to attend Carleton University, Debra signed up for English and Journalism. The exposure to Romanticism was seminal, however, and after obtaining her BA in Art History, she returned

to Tweed and worked for a commercial gallery. Her first solo exhibit was at the Belleville Public Library in 1982, and she participated in arts festivals across the province during the '80s. She moved with her husband



and two children to Kingston in 1997.

On <www.debratatesears.com>, her beautifully executed website, a click on Galleries followed by a click on Pastoral takes you to Debra's explanation of her fascination with the Canadian landscape. You can also luxuriate in the individual atmospheres created by 26 of her lush interpretations of familiar rural Southern Ontario scenes. You can feel the seasons change and sense the heaviness of the summer air and the crispness of the winter cold.

The strange, natural light that suffused downtown Kingston during the power outage caused by the Ice Storm of 1998 had a direct influence on Tate-Sears' art. Witnessing the "terrible beauty in the fractured forms of the ravaged trees" led her to move gradually away from the pastoral to a higher level of emotionalism, especially in her creation of atmosphere. Her Twilight Series Gallery illustrates the direction her more recent work has taken — a romantic interpretation of the older residential cores of towns and small cities throughout Southern Ontario. Many of these newer works feature architectural compositions that are brooding and almost forbidding, but strangely inviting.

Her website explains that "This theme ties in with the connection she makes in her work, both technically and theoretically, to "Romanticism", and the attempts made by new Canadians, establishing communities in the mid-nineteenth century, to repli-

cate 'home,' evidenced by the enduring influence of British High Victorian architectural styles." Paintings bear enticing names such as *Carriageway, Belfries & Chimneys, Kingston Twilight* and *Evensong*.

The Spider's Parlour

Debra welcomes guests to drop in at her aptly named home studio/gallery where the coffee is already on, and she is always ready to spin a yarn or two about her work. Located at 1020 Spring Mill Lane in Perth Road Village about 20 km north of Kingston, it is a lovely venue to meet her and enjoy her work. On October 16 and 17 she is hosting a studio open house entitled "As the Crow Flies" with guest sculptor Mary Sullivan.

The Rideau Valley Art Festival in Westport from August 27–29 affords an earlier opportunity, and on Labour Day Weekend (September 4–6) Tate-Sears is participating in the Sundance Studio Walking Tour in Maberly. She is very excited about her huge solo show scheduled at Campbell House Museum at 160 Queen St. W. in downtown Toronto during November and December. Campbell House is the oldest remaining house from the original Town of York, built in 1822 by Judge William Campbell and his wife, and one of the few surviving examples of Georgian architecture left in Toronto. Debra can be reached by email at <debratatesears@gmail.com>, or by phone at 353-7302.



washes, she builds upon transparent layers to create the desired intensity and detail. Her technique requires an exceptional ability to visualize and manage negative space. Debra describes it as "No tricks, no

moods, feelings, and ideas."

"I think we're all looking for a song to sing," Debra responds to my traditional Artist Trading Card query 'why do you paint?' "This is my voice; this is how I express myself."

Guess we won't be wearing those bikinis again this year!

Who cares....we have Kawartha Dairy Ice Cream from Foodsmiths!

Foodsmiths carries delicious cool summer treats for the whole family:

Organic
Gluten Free
Dairy Free
Soy Free & Vegan

106 Wilson St. W., Perth
613.267.5409
1.877.366.3437
www.foodsmiths.com

**** NEW ****
EXTENDED
STORE HOURS
7 Days a Week
8:00am - 8:00pm
Friday 'til 9:00pm

Fun and Fabulous Natural Treats

5th Annual Schoolbox Latin Fiesta with a Twist!

Join the fun at the 5th Annual SchoolBox Latin Fiesta with a Twist on Friday, September 17, 7PM in the Almonte Agricultural Hall. It promises to be a great night in support of a worthy, locally founded cause, and who knows what you might take away from the silent auction.

Salsa Olé will heat things up with a dance performance and salsa lessons, and the wildly popular **Star Tools** band will get the crowd rocking, '50s and '60s style. Emcees Jeff Semple and Nathan Rudyk will keep things rolling with presentations by SchoolBox founder Tom Affleck and Aventura Nica. There will be food, music and fun, and the infamous live and silent auctions, featuring something for everyone. Interested in a vacation home for a week in Costa Rica, anyone?

The fiesta celebrates the accomplishments of this community in reaching out to the poorest children of Central America. Since the grassroots organization was founded by Almonte native Tom Affleck in 2006, it has partnered with thirty-three communities and is reaching over ten thousand children with school supplies. To date, SchoolBox has taken

part in eighteen classroom renovations and built a library. Eight communities participate in a soccer program, and in 2009 over forty international volunteers, including Canadians from the Aboriginal Youth Empowering Students (AYES) program, have lent a hand in Nicaragua. Look to the website <www.schoolbox.ca> for the latest exciting news.

Mark your calendar and gather friends for a great night out to support a great cause.

Tickets are available at the door or at Blackbird Gift Shop in Almonte, the Pakenham General Store, and Read's Book Shop in Carleton Place; \$20 for adults and \$10 for students. SchoolBox is grateful to Equator Coffee Roasters for once again generously sponsoring the event. To donate to the silent auction, please contact Brenda Boyd at <bjboyd@sympatico.ca> or 256-2706, or Robynne Eagan at <Robynne@sympatico.ca> or 256-7980.



Don't miss this year's SchoolBox Latin Fiesta! On September 17 you'll have the chance to learn a bit, dance a lot, and contribute to a great cause. For more information check out <www.schoolbox.ca>.

Artist Trading Card

WHO Debra Tate-Sears
WHAT Watercolour Artist
WHERE Spider's Parlour Studio and Gallery, 1020 Spring Mill Lane, Perth Rd Village, <www.debratatesears.com>, 353-7302
WHEN Aug. 27-29, **Rideau Valley Art Festival**, Westport <www.rideauvalleyartfestival.com>; Sept. 4-6, **Sundance Studio Tour**, Maberly <www.sundancestudio.ca>; Oct. 16-17, "**As the Crow Flies**" Spider's Parlour Studio Open House
WHY "I think we're all looking for a song to sing — I communicate through my art."

Need 'em... need 'em... got 'em...
 Clip and save the Artist Trading Card
 All the cool kids do it!

rivergull fine crafts
Muskoka Bay Pottery
James Brown
 51 Gore St., East, Perth • 267-5237

2ARTISTS

2Visions

SHARON FOX CRANSTON, SCA

GUY CRANSTON

August 1st - 31st, 2010
 WED. THRU SUN. - 11:00AM TO 4:30PM
www.galleryonmain.ca
 31 Main St., Westport
 gallery on main

Sweet Soul Music

CDs and DVDs

SOUL SCENTS

42 Mill Street, Almonte
 Open 7 days a week
www.soulscents.ca
 1-866-347-0651

Passports: \$25 for all Venues

\$15 for all Venues EXCEPT Sheesham & Lotus

Hurry! passports sell out quickly!

arts

Carleton Place

Sounds of Powntown

Saturday, September 11, 2010

With **SHEESHAM & LOTUS**

plus Street Buskers

Entertainment at 12 Great Downtown Venues

Passports, cash or cheque only, at The Train Station Information Centre & Gallery
 132 Coleman St (613-257-2031)

for more info: www.artscarletonplace.com

Highland Games Celebrate Naval Centennial

The North Lanark Highland Games will have a nautical theme this year, celebrating the centennial of Canada's navy.

The 27th annual Games, which take place in Almonte on Saturday, August 21, will feature indoor and outdoor displays honouring the Canadian Naval Centennial, as well as a special guest representing Canada's navy.



This year's Games' guest of honour is Captain (Navy) Mark B. Watson, Commandant, Canadian Forces Support Unit (Ottawa). In his current role, Captain Watson oversees all administration and support for the nearly twenty thousand military and civilian members of the Defence Team in the nation's capital. He is also the Drum Major for the RCMP National Region Pipe Band, has written several articles, and has authored one book, entitled *Sea Logistics - Keeping the Fleet Ready Aye Ready*.

"We are delighted that Captain Watson has agreed to be guest of honour during the Highland Games' celebration of the Canadian Naval Centennial," said Games publicity chair Jason Bagshaw. "This is an important milestone in our nation's history and visitors to the Games will be treated to impressive indoor and outdoor displays of naval ship models and other items."

The popular "Friendly Games", which take place on the shore of

the beautiful Mississippi River, will also feature highland dancing, pipes and drums, and athletic contests. Numerous Scottish concessions will offer traditional clothing and foods, refreshments, souvenirs, crafts and genealogical information.

The 2010 Games begin at the North Lanark Agricultural Society (NLAS) Fairgrounds in Almonte at 9AM on August 21. The crowd will be entertained by more than one hundred highland dancers and twenty professional and amateur athletes, with the children's mini-games set to take place in the afternoon. Scottish clan booths and vendors will be on the grounds all day. At 1PM, the Legion's Colour Party and the duty band will parade from the Legion to the fairgrounds with the guest of honour.

Popular heavyweight athlete George Chiappa will appear for the 27th consecutive year at the 2010 Games, competing for the 26th time (an injury sidelined him for one year). Top competitors and brothers Christoph and Markus Wand are also competing this year, as is local athlete Neil Lowry.

The closing ceremonies and massed bands will take place at 5:30PM and then everyone



Photos by Rona Fraser

This year's North Lanark Highland Games take place on Saturday, August 21, at the Almonte Fairgrounds. As always, there will be fun for all ages!

is invited to stay for a Ceilidh in the Almonte Legion beer tent on the NLAS grounds, featuring entertainment by local band Corkery Road, which will be playing from 3 to 8PM.

Highland Games ticket prices at the gate are \$17 for adults and \$6 for children (ages 6 to 12; children under 6 are admitted free), while advance ticket prices are \$14 for adults (no advance purchase for children's tickets). Tickets are available at

<almontehighlandgames.com>; in Almonte at the Waterford Tea Room, Mill Street Books and Robin's Nest Tea Room; in Carleton Place at MacDonald's Sports Excellence; and in Pakenham at Nicholson's Sundries.

Parking is free at the Almonte Arena, and a free shuttle service operates between the Arena and Games site. For more information about the Games, call 256-2376 or visit <almontehighlandgames.com>.



PERTH GarLIC FESTIVAL

**More than 60
garlic, craft and food vendors**

**Admission \$5
kids under 12 free**

**Plenty of Free parking
ATM on the grounds
No pets, please**

www.perthgarlicfestival.com

**Sat., August 14, 9-5
Sun., August 15, 9-4
Perth Fairgrounds**



A Lions Club of Perth event in support of local causes



Sponsored by:



Modern Square Dancing: The New Generation

Perhaps you think you know square dancing from your school days. Well, think again, because this is not your parents' dance routine. They would hardly recognize modern square dancing. There is new music; from Golden Oldies to Elvis to current hits. There are new dance steps; exciting new patterns that keep changing, and unique calls to learn. Modern square dancing happens in school halls, resorts and cruise ships. You can travel to dances all over the world. You will find square dance clubs in most countries of the world including Japan, Sweden and Germany — they dance in English, though they don't speak it. Learn to dance and a whole new world of fun and fellowship will open up for you. You never lose your ability to dance "traditional", but you will be able to graduate to a more challenging level that incorporates fun, fitness and friendship in a wholesome family atmosphere.

artists, homemakers and investors are all members of the Mississippi Squares. They like to dance and travel, and their interests range far and wide. They are not big drinkers, but they love people and parties.

You'll also get healthier! Walking is one of the safest exercises available. Combining mental stimulation with the joy of rhythm, modern square dancing

wants to take up square dancing. The unwilling partner eventually signs up, and soon discovers the joys of mental and physical challenge. This is not a spectator sport. This is action and reaction; it keeps you mentally on your toes. The ever-evolving team of eight depends on you to learn and participate. With practice, the moves become as natural as walking. Learning is easy. The caller teaches new steps during the "tip" and then has everybody practice during the "singing" calls. Yes, mistakes are made... a little smile, then join back in. Angels are there to help the new dancers; they have great smiles! And you don't need to bring a partner — singles are most welcome.

It is great fun to get together with friends and swing to the music of a well-known band. Toe-tapping rhythm and singalongs are the themes expressed in the "singing call" where new and favourite calls can be practiced in an upbeat tempo. It is a confidence builder and it is fun!

We would love to dance with you. Come join us in September. For more information about the Mississippi Squares, visit <www.mississippisquares.ca> or call 1-877-933-7872.

— Laurette Lafleur



**MODERN SQUARE DANCING
NEW TWIST/OLD TRADITION**

**FUN BEGINS IN SEPTEMBER
COME ALONE OR IN PAIRS!**

Sept 14 – 7:30–10 FREE Open House Dance
Sept 21 – 6:30–10 FREE Open House Dance and complimentary Chilli Supper
Sept 28 – 7:30–10 Dancing & Lessons Begin

**\$55 per person for 12 weeks
at Brunton Hall in Blacks Corners
Dress – clean indoor shoes**

MODERN MEANS CHALLENGE **DANCING THINKING TEAMWORK**

BE HEALTHY! LEARN A NEW WAY TO PLAY!
Regular exercise can improve heart rate, blood pressure, balance & strength. Why walk in the dark, do pushups in a stuffy gym or swim in chlorine?

COME DANCE WITH US IN SEPTEMBER!
MISSISSIPPI SQUARES
Modern Square Dancing
1-877-933-7872
www.mississippisquares.ca

Music for Young Children

Quality Music Education Since 1980!

Music For Young Children is the only child-centered music learning system that integrates **keyboard, creative movement, rhythm, ear training, sight reading, music theory and composition.**

Discover the JOY of MYC classes!

Andrea De Boer - Almonte 613.256.5963
Marilee Mansfield - Almonte 613.256.0431
Emily Allison - Carleton Place 613.219.3491
Virginia Pratt - Kanata North/Carp 613.795.5664
Aynsley Buchanen - McDonald's Corners 613.257.3552
Wendy Knapp - West Carleton Township 613.832.4612

myc.com

Why Dance?

You will meet people who love action, who are doers, and who like to make friends. Some are working; some retired. Technicians, nurses, police, teachers, mechanics, clerks, salesmen,

challenges many aspects of conditioning. Dancers walk two to three miles per evening and can burn 280 calories every hour. Using the large muscles of the legs and arms strengthens bones and improves general health. It is a gentle workout for any age or fitness level.

Still Doubting?

Unbelievable as it may be, there are times when only one partner

YOGA STATION

YOGA FITNESS APPAREL GALLERY
OPEN 7 DAYS A WEEK • 23 YOGA CLASSES A WEEK
JOIN ANY CLASS THAT SUITS YOUR SCHEDULE
BEGINNERS, YOUNG AND YOUNG AT HEART WELCOME!

NEW at the Yoga Station

Awaken the Dancing Goddess Within
Monday night at 6:30PM
Start anytime
No experience necessary
Yolande's Fusion Dance Class
Explore rhythm & movement.
Bring a friend for a free trial. Call for details.
Get toned, amp up your self-esteem and SHAKE YO BELLY!

www.yogartmatrix.com 613-253-YOGA (9642)
132 Coleman St. Carleton Place

Root down and rise up this fall at Hollow Tree with a flexible class pass, as a drop in student, or at one of our special events or workshops.

Hollow Tree YOGA

158 John Street N.
Arnprior
613-296-4013
www.hollowtreeyoga.com

Summer Theatre Fare

Well, I have to say that the biggest news to hit this area's theatrical world for a long while has been the arrival of professional summer theatre; specifically, at the Studio Theatre in Perth. I was fortunate enough to have attended the opening night of the **Classic Theatre Festival's** first production, Noel Coward's classic, *Blithe Spirit*, and to say that

by Ian Doig

I was impressed would be a sad understatement! Just to touch on a few points: the set was superb, the direction outstanding, and the acting excellent. I had never seen the play performed, nor read it even, and one thought that struck early on was: "the writing is amazing — every word fits perfectly" — but, well, what would one expect from the likes of Noel Coward? And for those of us who tread the boards as amateurs, there's a lot to be gained from watching the acting, the staging and especially the direction.

Building on the successful run of *Blithe Spirit*, the Classic Theatre Festival mounts a charming Second World War romantic comedy, John van Druten's *The Voice of the Turtle*, from August 6 to 29. Directed by Lezlie Wade (who is currently assistant to Stratford's Artistic Director Des MacAnuff), the show stars Krista Leis and Michael Dufays (both of whom have worked at Stratford), along with Sarah Joy Bennett (a veteran of Ottawa's Odyssey Theatre). The play deals with the changing

roles of women during the 1940s, and is the ninth longest running show in Broadway history. Playwright van Druten also created *I Am a Camera* (the basis for the musical *Cabaret*) and *Bell, Book and Candle* (which inspired the TV series *Bewitched!*).

Tickets are available by calling toll-free 1-877-283-1283 x 1, or at <www.classictheatre.ca>.

During August, a number of benefit evenings are set aside to help raise funds for Lanark County Interval House as well as the Mississippi Valley Textile



The second summer offering from Perth's Classic Theatre Festival is *The Voice of the Turtle*, which will be directed by Lezlie Wade (above, who is currently assistant to Stratford's Artistic Director Des MacAnuff)

Museum. The Classic Theatre Festival is busy planning its second season in Perth, and details will be announced later this year once next summer's plays are confirmed.

The **Smiths Falls Community Theatre** has transported Shakespeare's notorious sorcerer, Prospero, from his perpetual island in the sea to Manhattan, where his plans are to wreak havoc. Melanie, a dramaturge with magical powers, joins forces with Prospero's runaway son, Caliban, a trio of drag queen Furies, and a love-sick momma's boy lifeguard, who endeavour to defend humanity from this rampant fictional character. *Rough Magic*, by Roberto Aguirre-Sacasa, is a fantasy comic-book-like story that promises laughter amidst a battle of wills and a most startling ending. The show opens on August 19 and runs until August 28. Watch for information regarding specific dates, times and tickets on their website at <smithsfallstheatre.com> and in the local media, or contact Christine Winter at 284-3815.

And, up in Almonte, the **Valley Players** are rehearsing their upcoming production called *Quilts from Hell*, which will be presented as part of Fibrefest 2010 at the Mississippi Valley Textile Museum on September 10, 11 and 12 — but more on that next month.

Finally, the **Mississippi Mudds Youth Theatre** is holding auditions for their February 2011 production of *Into the Woods Jr.* There will be an information night at the Carleton Place Town Hall on September 9 at 7PM. Auditions are Saturday, September 11 at 9AM, also in the Town Hall. See you at the theatre!

Beginner Watercolour Classes
Intro to Colour and Watercolour with Jenn Raby
Thurs mornings, 9AM-NOON
Sept. 9 to Oct. 14
Cost: \$153
Oak Lane Studio
112 Oak Lane (RR#6)
Perth, ON
Register by calling Brenda at (613) 267-5377 or by e-mail: brenda.ken.wright@bell.net

MUSIC TOGETHER
MILLS AND MAPLES MUSIC TOGETHER
Music & Movement Classes for Infants, Toddlers, Preschoolers and the Grownups Who Love Them™
Fall semester begins September 11
Gift certificates available
Call now for a FREE trial class!
www.millsandmaplesmt.ca Clare 613-256-5372

Janice Aiken
Registered Massage Therapist
Treatment-Oriented Massage
Rehabilitative Outdoor Exercise Classes
check web page for details
1598 Ramsay Conc. 1
10 minutes west of Almonte
www.janiceaikenrmt.ca
613-256-6243

Pick up theHumm in Perth at JO'S CLOTHES

Peter Brown, ARCT
Piano Instruction
Jazz, blues, pop and/or classical
Pianist for the Mississippi Mudds,
Mumbo Jumbo Voodoo Combo & The Mississippi Blues Society
Call 257-2657 to register for classes.

ACT! ACT! ACT!
Laugh and have Fun! Gain Lifeskills!
BE YOUR BEST Drama School Presents...
More Confidence Building Acting Classes
in Almonte & Carleton Place AGES 6yrs to Adult
New Session Starts September 13th 2010
IMPROVISATION for Adults & Teens!
MUSICAL THEATER Group, Solos, & Duets!
PROFESSIONAL & AMATEUR Performance Classes
NEW DANCING FOR FUN Dance Class with a Difference
* WEEKEND WORKSHOPS AND SO MUCH MORE!
REGISTER: By PHONE or at THE OLD TOWN HALL WEDNESDAY SEPTEMBER 8th 7-9pm 'MM @ A Glance' OR at BECKWITH P.S. 'Sign Up' TUESDAY SEPTEMBER 14th 6-8pm
CALL JENNIFER LAALE ANYTIME @ 613-256-8228
for more information on class times and descriptions check out our website **beyourbest.ca**

Almonte Taekwon-Do
Teaching original I.T.F. Taekwon-Do
Self-Defense • Physical Fitness • Self-Confidence
Discipline • Strength & Flexibility
FALL BEGINNER SPECIAL!
\$99 for 3 Months • Includes FREE Uniform**
(New beginner classes start Tuesday, Sept. 7)
Children 4-6 (Little Tigers) • Children 7-12 • Adults & Teens
Family Classes • Cardio Kickboxing
Public Open House & Demo
Almonte Taekwon-Do
Saturday, September 11, 12-2PM
10 Houston Dr., Unit #5, Almonte • 613-256-6197
www.almontetkd.ca
** New students only. Offer expires September 30, 2010

The Creative Spark Artists' Lecture Series

This autumn, McDonalds Corners-Elphin Recreation & Arts (MERA) is presenting an exciting series of lectures by well-known Canadian artists representing a variety of disciplines. The lectures will take place at McMartin House in Perth on alternate Sundays at 2PM, starting on September 19, and admission is \$5. An informal "meet the artist" session with light refreshments will follow each lecture.

"The artists will be discussing the creative impulse shaping their work, both the subject and their choice of medium and materials," says Ankaret Dean, Artistic Program Director at MERA. "We're very grateful to the Ontario Arts Council, whose financial support allows us to bring this marvelous group of artists to our area, and we look forward to an interesting and inspiring series."

For the first lecture on Sunday, September 19, MERA welcomes Marjolein Dallinga <www.bloomfelt.com>, a fibre artist from Montreal who makes fabulous felt pieces; her creativity stemming from a love of living things, movement and colour. Trained in graphic arts and painting at the Minerva Academy in the Netherlands, Marjolein started by felting hats, shawls, mittens and handbags. Her techniques have evolved to include theatrical pieces, includ-

ing her work for the Cirque du Soleil.

On October 3, Ellen Good <easternontarioartists.ca>, a weaver from Central Frontenac, will be discussing her work. She is noted for her use of shibori and Ikat weaving techniques and produces one-of-a-kind and limited-series garments, accessories and home furnishings. In 2009, Ellen received the first MERA Award for Excellence in Fine Arts and Fine Crafts; a juried award.

The third in the series, on October 17, features Bill Reddick <www.billreddick.com> from Picton, a porcelain artist and potter who created Canada's Official Dinnerware, the *Maple Leaf Service*, used for state dinners at Rideau Hall and 24 Sussex Drive. He represented Canada at the 2009 Cheongju International Craft Biennale in South Korea and has exhibited his work across the U.S. and Canada, including the Gardiner Museum in Toronto.

Jerry Grey <www.jerrygrey.ca> is a painter, portraitist, muralist and teacher from Ottawa who will talk on October 31. She is a fellow of the Royal Academy of the Arts and her work appears in public and private collections across the country, including the Art Gallery of Ontario and the Bank of Canada. Jerry has been commissioned to produce sever-

al large multi-media murals for public and private institutions, including the Ottawa Police and the Sisters of Charity.

The final lecture on November 14 features Max Dean, a mechanical artist who has created a dazzling and thought-provoking range of interactive, computer-based works which have been exhibited around the world. His *Robotic Chair* is featured in *A Short Film about Falling*, shown at the International Film Festivals in Toronto and Vancouver. The National Gallery of Canada and the Nicholas Metivier Gallery in Toronto have acquired several of his works.

For more information on the lecture series, contact 278-0388 or <meraschoolhouse@bell.net>.




Max Dean, creator of the Robotic Chair (above), will lecture on November 14

BarnDoor at the Station Theatre

BarnDoor Productions, Perth's original community theatre, is hard at work on the construction of the 120-seat Full Circle Theatre in Perth, intended as a "regional" community theatre, home to BDP, but also open to touring productions, community groups, and more. The two productions the group is mounting this summer are fundraising projects for that space and, when the Perth-based BDP was unable to find a stage for their shows in their hometown this summer, the Smiths Falls Community Theatre was able to provide a venue. This collaboration opens possibilities for future cooperation, as the newly opened Station Theatre in Smiths Falls and the under-construction Full

Circle Theatre in Perth are similar in size and shape and could trade productions easily.

Starting July 31 is the remarkable musical drama, *Dark of the Moon* — a play about forbidden love that is set in the Smoky Mountains in Tennessee. Filled with music, lyricism, drama and comedy, *Dark of the Moon* is the biggest production to hit the region's stages this summer, with a cast of twenty. It will run for five performances: July 31, August 1, 5, 6 and 7, all at the Station Theatre in Smiths Falls. Tickets are \$20 reserved or \$23 at the door, with students and children \$12 at any time. For information or to reserve, call 267-1884. No credit cards needed; cash only, please.



Courses & Workshops

Red Headed Woodpecker • Sept. 8th, Wednesday mornings for 7 weeks
Loon • Sept. 9th, Thursday evenings for 6 weeks
Snowy Egret • Sept. 15th, Wednesday evenings for 4 weeks
Pintail Female Decorative • Sept. 24th, Friday mornings for 10 weeks
Camera/Photo Course • Sept. 28th, Tuesday evenings for 5 weeks
Bufflehead, Smoothie Decorative • Oct. 20th, Wed. evening for 8 weeks
New Oil on Canvas • Oct. 21st, Thursday mornings for 5 weeks
Toucan • Nov. 3rd, Wednesday mornings or evenings for 6 weeks
Chickadee • Nov. 18th, Thursday/Tuesday evenings for 7 weeks

New Instructors • New Art Forms • New Techniques, to enrich your skills

BLACK DUCK STUDIO

2896 Rideau Ferry Road Perth 613-267-3872

Taoist Tai Chi™ internal arts of health





Five Reasons To Learn *Taoist Tai Chi*™ internal arts of health

1. Increased Flexibility
2. Aerobic Exercise
3. Stress Relief
4. Increased Balance
5. Mind-Body Connection

OPEN HOUSES

Demonstrations & Information About Fall Introductory Classes

Perth:
Saturday, Sept. 11, 10 a.m. - noon, 205 Gore Street E.

Portland:
Tuesday, Sept. 14, 6:00 p.m. - 8:00 p.m.,
Community Hall

Westport:
Friday, Sept. 17, 10 a.m. - noon, North Crosby
Community Centre

Perth: (613) 267 - 6256
Portland, Westport: (613) 272 - 3573
www.taoist.org/kingston

Taoist Tai Chi Society celebrating 40 years

EXPERIENCE THE SPIRIT OF DANCE!



NOW ACCEPTING NEW REGISTRANTS FOR OUR 18th SEASON OF DANCE!

256-3683

JAZZ TAP KINDERDANCE BALLET POINTE LYRICAL
MUSICAL THEATRE ADULT CLASSES PRE-DANCE HIP HOP

VISIT OUR WEBSITE FOR MORE INFORMATION
www.almonteacademyofdance.ca

Registration for fall classes:
Wednesday, August 11, 6:30PM-8:00PM
Saturday, August 21, 9:30AM-NOON

*** We will pay your registration fee *
if you register before August 31**

453 OTTAWA ST. UNIT 1 ALMONTE

8 August 2010  www.thehumm.com

Farmers' Marketing

I like good marketing. I'm not talking about advertizing where the goal usually seems to be to bludgeon an unnatural desire for an unneeded product into an unwilling mind. Good marketing is about making a positive impact that encourages people to try something, discover they like it, and then prefer it to other options. Good

By Rob Riendeau

marketing is about deepening relationships to mutual benefit. And it was good marketing that brought me to Acorn Creek recently to discover the secrets behind the success of this hundred-acre farm.

Delicious Innovations

My first encounter with Acorn Creek was at the Carp Farmers' Market, where Andy Terauds has run his vegetable stand since the market opened. Andy's stand is always covered in beautiful produce, and he often has fruits and vegetables that no one else does. That's part of his good marketing. Acorn Creek is always looking for new products and new challenges to distinguish their offerings. When I mention to him that people don't typically see farmers as being on the edge and pushing new products he responds: "They always are! It used to take ninety-eight people to feed two. Now it's the other way around. You can't do that by just sitting on your hands. You have to innovate every single day. That's what farmers in North America do all the time."

Even so, Acorn Creek seems to take the approach further than most and they have prospered as

a result. Andy's foray into melon growing is one example. Melons are a southern crop that need a lot of heat. Andy experimented with varieties and growing methods, and now grows over one hundred varieties of the fifteen types of melons. The success of the melon experiment led to a story on the CBC which then gained national attention. It was at that point that Andy commented to his wife Cindy, "Maybe it's more interesting than we thought." The next year they started MelonFest, which has now been going for more than twelve years.

MelonFest and Pepper Pow Wow!

The event is now called the MelonFest and Pepper Pow Wow, and it features another of Acorn Creek's specialties: their many varieties of sweet, hot and chili peppers. According to Andy, "It's a very simple thing. We want people to come away with some understanding of locally-produced melons and peppers." Toward that end they offer demonstrations by Ottawa-area chefs — this year featuring award-winning chef Matthew Carmichael of Restaurant e18hteen demonstrating his grilled melon and vegetable salad. Andy himself will offer instructions on how best to freeze melons and peppers, including safety tips for working with some of the vengefully hot peppers Acorn Creek produces. Guided tours of the melon and pepper patches provide information on how these crops are grown, the characteristics of the different varieties, and how to know when they are ripe. Also on the menu for the day are wagon rides through the

vegetable fields, watermelon eating and seed-spitting contests (with prizes), and several local artisans and vendors. And, of course, there will be the very popular sampling table. "We have two people doing nothing but cutting up melons," says Andy, "and they can't keep up." Over three thousand people are expected to visit the farm during the one-day event, September 6 from 10AM to 4PM.

Also available for sampling will be Cindy's farm-made preserves. I had an opportunity to taste her phenomenally good Black Raspberry Vinegar — another unique Acorn Creek product that is in the secret arsenal of several Ottawa-area top chefs. All of the *Naturally Cindy's* gourmet preserves are produced using the farm's fruits and vegetables, allowing her control over the freshness and quality. This level of control is important to Cindy. "I'm fussy in everything I do. I want things to be done right, I want it to look nice and I want people to be happy with it." This attention to detail is certainly appreciated by her many repeat customers. These products are available year-round at the farm, but if you have a favourite it's best to call first to see if it is available, as they sell out quickly.

In the meantime, you can always sample some of Acorn Creek's products on Saturdays at the Carp Farmers' Market from 8AM to 1PM. They are also participating in the Carp Garlic Festival on August 14 and 15. Or visit them at the Ottawa Farmers' Market at Lansdowne Park (of which Andy is the president) on Thursdays from 1 to 7PM or Sundays from 8AM to 3PM.

Acorn Creek



Cindy and Andy Terauds

Who They Are

Acorn Creek, Andy and Cindy Terauds
928 Oak Creek Road, Carp, ON
836-2613, <www.acorncreek.com>

What They Offer

Over 2,000 varieties of fruits and vegetables (including 129 varieties of melons and 155 varieties of peppers). Vegetable and flowering plants, including herbs. Dried chili peppers, sun dried tomatoes, frozen fruits and vegetables, and *Naturally Cindy's* quality gourmet preserves.

Where They Sell

Year-round at the farm, 7 days a week, 8AM-6PM (call ahead in the winter, late fall, and early spring), Carp Farmers' Market, Ottawa Farmers' Market

Chipotle Baked Beans

- 6 strips of bacon (cut 1 inch lengths)
- 2 ½ cups chopped *Acorn Creek* onions
- 1 cup chicken broth; best is homemade
- ½ cup packed brown sugar
- ½ cup cider vinegar
- ½ cup bottled *Naturally Cindy's* chili sauce
- ½ cup dark molasses
- 2 tsp dry mustard
- ½-1 tsp *Naturally Cindy's* Chipotle Powder (or to taste)
- ¼ tsp salt
- ¼ tsp ground cloves
- ¼ tsp ground allspice
- 1 (15 oz) can black beans, rinsed and drained
- 1 (15 oz) can kidney beans, rinsed and drained
- 1 (15 oz) can pinto beans, rinsed and drained

Preheat oven to 325°F. Heat a cast iron pot over medium high heat. Add bacon, sauté 2 min. Add onion, sauté 5 min., stirring occasionally. Stir in broth and remaining ingredients. Bake uncovered at 325°F for 1 hour.

Yield: 5 servings of 1 cup each. This recipe freezes very well.

WELCOME
WAGON
SINCE 1930

If You Are...

- Moving
- Expecting a Baby
- Planning a Wedding
- Opening a New Business

Call
1-866-283-7583


We have
Gifts & Information
www.welcomewagon.ca



The heat of this Bhut Jolokia pepper is rated at over a million Scoville units (a raw jalapeño pepper is typically 4,000-6,000 Scoville units). The brave (or foolhardy) can try Cindy's Bhut Jolokia Salsa at the **MelonFest and Pepper Pow Wow** (Sept. 6) or at the **Carp Farmers' Market Garlic Festival** (Aug. 14 and 15).

Now carrying Lorna Vanderhaeghe products
smart solutions for menopause

Introductory low price 15% off entire line



107 Bridge Street, Carleton Place
613-257-5986 info@granary.ca
Open Mon, Tues, Wed & Fri 9-6
Thurs 9-8, Sat 9-5

Fiddling and Fresh Air — A New Focus to Being Green

August is here and plans are being completed for two new events hosted by the Art of Being Green Projects. **Fiddling at the Fairgrounds** and the **Fresh Air Festival** are scheduled for Friday, August 27 and Saturday, August 28, at the Middleville Fairgrounds on Wolf Grove Road. These two new events have been designed by the volunteers, staff and Board of the Art of Being Green Projects to once again bring a wealth of information together under one roof — or many tented roofs!

On Friday August 27, the gates open at 3PM for an afternoon featuring a variety of exhibitors and vendors on an environmental theme. Of course, there will be some amazing food vendors to tempt your palate as well. During the afternoon, the entertainment tent will welcome an array of local fiddlers in an open-mic format. Interested fiddlers are asked to contact

264-9677 or 1-877-763-9979. As a new twist, the Art of Being Green Projects is holding a fiddling concert on Friday evening, licensed by the LCBO. The concert will take place under the festival tent and features performances by Elly Squared, John Richard, Wade Foster and Matt Pepin. Bring your dancing shoes and come for an exciting evening! Celebrate Ontario, a funding program of the Ministry of Tourism, has provided financial assistance for this event.

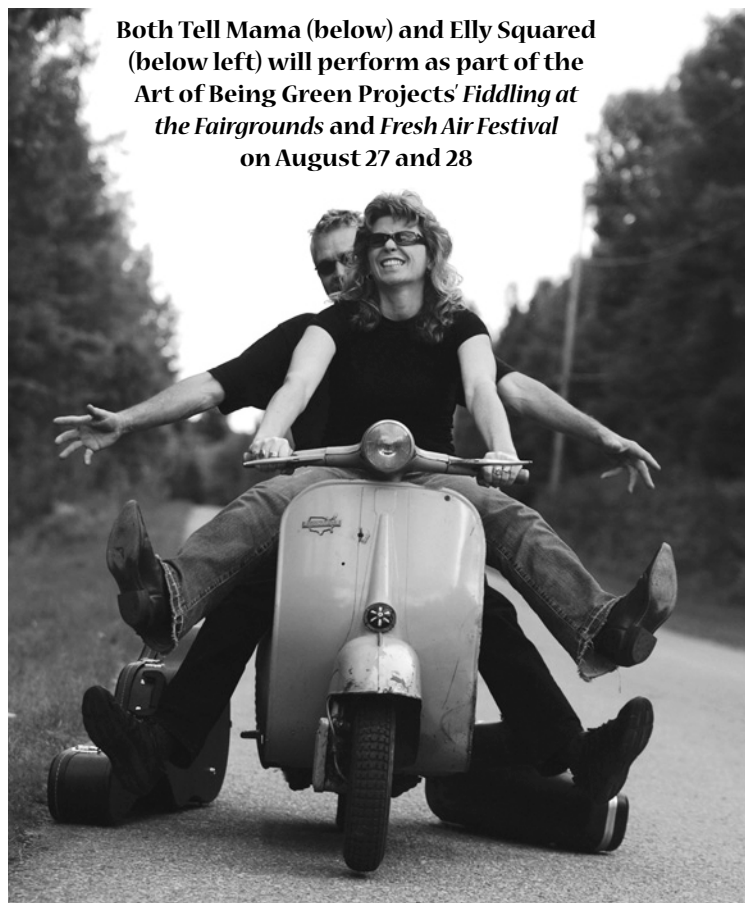
On Saturday, August 28, the Fresh Air Festival will be open from 10AM to 5:30PM. Exhibitors and vendors will once again be open for business along with a variety of musical entertainment and children's programs throughout the day. Our young visitors will certainly appreciate the attendance of Silly Sally, especially as she is unable to attend the Perth Fair this year. The highlight of the day on Saturday

will be a 100 Mile Local Lunch buffet featuring the tastes of Lanark County. Be prepared to savour the bountiful harvest and enjoy a huge variety of main courses and desserts prepared using local foods. Tickets for Saturday are limited to ensure everyone gets fed, so be sure to purchase yours in advance.

Admission on Friday afternoon is just \$5 per person, with children five and under admitted free. For the Friday evening concert, the cost of admission is \$20 and includes the afternoon events. On Saturday, your admission fee includes the fabulous 100 Mile Lunch. Adult admittance is \$25, youths aged 6 to 12 years are \$15, and children five and under are just \$5. Special weekend passes and a Saturday family pass are available. Visit <www.artofbeinggreen.ca> for details, or email <events@artofbeinggreen.ca>.

A shuttle bus service is available this year for the first time for Ottawa area visitors. The bus will leave from a west end Park and Ride at various times both Friday and Saturday for a round trip cost of just \$10 per person. Help be environmentally friendly and keep cars off the road! The full bus schedule and details can be found on the website. Bicycle parking will be available on site at the festival grounds. For those arriving by car, free parking is available on site as well as close by, opposite the Middleville and District Museum.

Booth locations are still available and exhibitors are asked to visit the website for a vendor registration package. There are also some terrific volunteer assignments waiting to be filled. Please contact Art of Being Green Projects for further information.



Both Tell Mama (below) and Elly Squared (below left) will perform as part of the Art of Being Green Projects' Fiddling at the Fairgrounds and Fresh Air Festival on August 27 and 28

Perth PAC
PERTH
PERFORMING
ARTS COMMITTEE

www.PerthPAC.org
2010-2011 Series

Ensemble Vivant

London Quartet

Trudeau Stories

Jully Black
Additional Show (sold separately)

Doctor Zoo

Sultans of String

Ensemble Vivant
Friday, Sept. 17

London Quartet
Thursday, Oct. 21

Trudeau Stories
Thursday, Oct. 28

Jully Black
Saturday, Nov. 27
Additional Show (sold separately)

Doctor Zoo
Friday, Mar. 4

Sultans of String
Friday, Apr. 15
Mason Theatre
at
Perth & District
Collegiate Institute
13 Victoria St., Perth

Season tickets available now
Single tickets available after August 15

Tickets available from
ticketmaster (613) 755-1111 www.ticketmaster.ca

Sponsors: Lake 88.1, C.I.B.C Wood Gundy – Moe Johnson, Krown Body Maintenance, Coutts & Company, Foodsmiths, North Lanark Veterinary Services, Maximillian Dining Lounge, Kelly's Flowers and Fine Things, Lionel Pautz/Piano Man, Camp Otterdale, Jo's Clothes

Good Buy, Goodbye! Sale

Victoria (and Carter) will be leaving for the U.S. in September, so they would like to invite everyone in to say goodbye and maybe get a good buy...

August 14 to 28

DESIGN BY DESTINATION

96 Mill St. Almonte 256-0035

For Sale

Lovely bookstore in a lovely small town in the Rideau Lakes.

Interested?

Contact bookster@live.ca
(Serious inquiries only please)

A Month of Sundays (Fridays & Saturdays)

It couldn't happen in a month of Sundays! So you say, but it can, and it will, with a few Fridays and Saturdays thrown in for good measure. "It" is the month of August in Mississippi Mills. There is so much going on that I am laying in cases of canned beans to make three bean salad for all the folks I am expecting

by Eulalie Lark-Spur

to drop in. And I need to figure out what to wear — jeans, gaily coloured summer wear, perhaps my kilt?

I am just back from visiting my hometown, and finding that the house I grew up in is for sale! It was a real temptation to move back close to my roots. Then I remembered what a wonderful community I am living in now, so here I am, gearing up for a special summer month. The August holiday weekend is always exciting — the middle of our too short summer — and this year it ushers in all the best of summer activities.

The first full August weekend features the sixth annual **Puppets Up!** International Puppet Festival. On Saturday and Sunday, August 7 and 8, downtown Almonte will be alive with happy faces, gaily costumed performers, decorated shops, and venues for remarkable puppetry. The international aspect of puppetry will be front and

centre with this year's theme of "Around the World in Two Days". Just the thing for those short of time for world travel but with a great imagination and capacity for fun. Be sure to wear your brightest clothes and be ready for the parade!

On that same Saturday, Almonte's Bridge Street will be the site of the **Naismith 3 on 3 Basketball Festival**. Over a hundred three-person basketball teams, both elementary and high school, men's and women's, will be competing in twenty divisions. It is a real tribute to Almonte's place in the history of basketball.

Maybe some of my visitors will want to stay until the following Friday night. There will then be another special event to get excited about. We all know that the Noreen Young Bursary Gala has become the Young Awards Foundation, still with the purpose of supporting arts activities for young people in our community. Well this year, on Friday the 13th of August, the Foundation is hosting **The Night is Young**.

At 6:30PM, the doors to the Almonte Old Town Hall will open for a meet and mingle complete with complimentary appetizers from Foodies Fine Foods. From 7 to 8:30PM, there will be a concert by the Arden Trio, featuring a variety of classical music. Then it's outside to Mill Street, closed to vehicles from 8:30PM,

to wander the shops and enjoy the young buskers set up inside and in front of shops along the street. Admission to the concert is \$20, and the ensuing "arty street party" is free (although donations to the young buskers are most welcome!). This wonderful evening is most generously sponsored by Reliable Heating and Cooling of Almonte <www.reliableheating.ca>. For more information, please visit <www.thenightisyong.ca>.

For a change of pace the next day (Saturday, September 14), the **Pakenham Fall Fair** is just twenty minutes down the road from Almonte. Who could resist an old fashioned country fair? From breakfast at 7AM to closing at 4PM there will be shows and events for all ages. Giant vegetables, beautiful preserves, the horse show and competition, lots of fun contests for kids... It's all going to be there and I will be too, at the Stewart Community Centre and Pakenham Community Park.

I plan to rest up for the next week, because on Saturday, August 21, from 9AM to 6PM, we will be on the go again! It's **North Lanark Highland Games** time at the fairgrounds in Almonte. This year the games will honour the Centennial of the Canadian Navy. I bet you thought this is where I was going to wear my kilt! Actually, I leave that to the competitors, the officials and the band members. I absolutely

love highland games but I will be wearing comfortable clothes and shoes — too much to see, too little time. Oh, those brawny folk swinging rocks, throwing telephone poles, hoisting weights; the little girls competing in Scottish dancing; and over it all the

are the Opening Ceremonies and massed bands at 1PM, the Durham Regional Police Pipes and Drums, and the Closing Ceremonies and massed bands at 5:30PM. But do go for it all, it is all fun — not just the thrill of the massed bands raising the hair on



Impact Percussion Ensemble & Street Drumline (pictured above) will take their talents to the street for **The Night is Young** — an evening of art and music featuring The Arden Trio and numerous youth buskers. Mark your calendars for Friday, August 13!

mingled strains of the pipes. Lots of stands to shop for all manner of Scottish goodies, find your family tartan, and maybe become a Scot for a day. The heat of the competition, or the day, or the activity, can be slaked in traditional fashion in the beer tent. The highlights of the day

your arms! Of course, if you have any energy left there will be an evening Ceilidh (Scottish party) in the beer tent.

What a month — the last weekend of August is going to be dedicated to rest and relaxation — and no more bean salad.

Lots of places to meet, so have fun and I will see you there.

Showing of Original Artwork by
Rosemary Leach
In the Artist's Almonte Home

Opening: Thurs, September 23, 5:30-7:30
Friday, September 24, 4-7pm
Saturday, September 25, 10-4pm

255 William Street Almonte, Ontario
K0A 1A0 613.256.7719
www.rosemaryleach.com

ECOTAY
EDUCATION CENTRE

Music to Our Ears!

► Sat. & Sun., August 7-8
Margaret Bennett
Celtic Song Weekend
\$60. weekend pass
Spend a weekend singing your hearts out with Margaret - an award-winning folklorist, musician, storyteller and Celtic song collector from Scotland. Reservations required.

► Sun., August 29 2-4pm
The LAWS Barn Concert
\$15. at the door
Take in a Sunday afternoon listening to the sweet harmonies and awesome rifts of this alt-country husband & wife duo.

Call 613 267 6391
michaelglover@ecotay.com
942 Upper Scotch Line, Perth, Ontario
www.ecotay.com

Where Ideas are Born in a Barn...

OLD FASHIONED COUNTRY DANCE

KELLY SLOAN * BROTHERS CHAFFEY
KELLY PRESCOTT * ADAM PUDDINGTON
PERFORMING YOUR ALL-TIME FAVORITE COUNTRY CLASSICS

AUGUST 7 * AGRICULTURE HALL * ALMONTE
TICKETS \$15 AT BAKER BOB'S OR CALL 256.5181
DOORS OPEN 7:30

Celebrating Music at Ecotay

O teannaibh dlùth 'us togaibh fonn (O sit closer and let us sing a song)

To celebrate Perth Scotland's 800th anniversary, the Ecotay Education Centre is presenting a special song workshop weekend led by Margaret Bennett — renowned Scottish writer, folklorist, storyteller, ethnologist, broadcaster and singer. Travelling here from Perthshire, Scotland, where her song weekends are a legendary part of the cultural landscape, Margaret will lead singers of all ages and levels through a variety of Scottish, Gaelic and Irish choral pieces. A Saturday evening ceilidh will showcase all participants as well as other invited guests.

Born on the Isle of Skye, Margaret Bennett comes from a long line of Scots. Her mother a Highlander and her father a Lowlander, she was brought up in a household where singing, playing music, dancing, storytelling and ceilidhs were a way of life, as were traditional crafts. Margaret claims that growing up "steeped in tradition" schooled her best, especially at her grandparents' home in Uig.

After graduating from the Glasgow College of Education, Margaret followed her father to Newfoundland where she took her first teaching job. Soon afterwards, she completed a BA in education and an MA in folklore at Memorial University of Newfoundland. She returned to Scotland to work in the Scottish Education Department, where she set up a unit for children with learning disabilities and developed a curriculum that included many aspects of folklore. She later lectured in Scottish ethnology at the University of Edinburgh, during which time she completed a PhD in this subject.

As a singer, Margaret has produced several CDs and has appeared at key folk festivals in Scotland and many in North America. Her prize-winning books include *Oatmeal and the Catchism* (1999), *The Last Stronghold: Scottish Gaelic Traditions in Newfoundland* (1989), and *Scottish Customs from the Cradle to the Grave* (2004). She is the recipient of many prestigious awards. Just

two weeks ago, Margaret was awarded an honorary doctorate from the Royal Scottish Academy of Music and Drama, thus joining the ranks of Lord Richard Attenborough, Annie Lennox and Billy Connolly, among others. Visit her at <www.margaretbennett.co.uk>.

The schedule for Saturday, August 7 starts at 11AM (light lunch and refreshments are included) and includes an optional potluck dinner from 5-7PM and Margaret's Ceilidh at 7:30 (which is free, and open to participants, family & friends). On Sunday, August 8 there will be a "Sing It Over" Workshop from 1-4PM.

For Perth Scotland's 800th anniversary celebrations, Margaret is putting on an exhibit there next December. As part of this exhibit, Margaret is planning to include a CD/video of the Ecotay song weekend, including the Saturday night ceilidh as well as the "Sing It Over" session on the Sunday afternoon. From a standing start, a folk choir will be created. It will be a magical experience. The cost for the song weekend, including refreshments, is \$60 per person plus HST. For reservations, please contact Michael Glover at 267-6391 or email him at <michaelglover@ecotay.com>.

The Laws at Ecotay

Spend a spiced-up Sunday afternoon at Ecotay with The Laws (John and Michele) — a Canadian husband-and-wife singer/songwriter team that serve up an acoustic mix of country, bluegrass, folk and pop, delivered with harmony reminiscent of Gram Parsons and Emmylou Harris.

Influenced by the likes of Neil Young, Gordon Lightfoot, Van Morrison, The Band, Gram and Emmylou, Guy Clark and Merle Haggard, Ontario-based John and Michele perform throughout Canada, the United States and Australia and have five CDs to their credit. The Laws have been called "the best duo out of Canada since Ian and Sylvia", won the 2007 Chris Austin Songwriting contest, secured a writing deal in Nashville, have been featured on

CMT and *Entertainment Tonight Canada*, and are touted as "rising stars" on the PBS special, *Legends and Lyrics*. Their compelling original songs, empathetic musicianship and emotionally charged vocal performances will leave you wanting more.

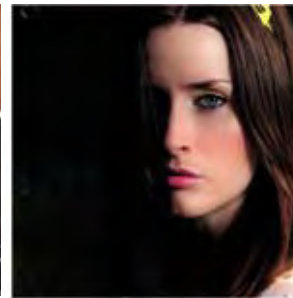
To get a preview taste of The Laws, visit <www.thelaws.ca>. To see them in person, visit Ecotay Education Centre at 942 Upper Scotch Line corner Menzies Munro Side Road in Perth on Sunday, August 29, from 2 to 4PM. The cost is \$15 per person at the door, or you can reserve a seat in advance by contacting Michael Glover.



Ecotay celebrates music with a song workshop weekend led by Margaret Bennett on August 7 and 8, and then a concert by The Laws (above) on August 29



August 7th
The Sunparlour
Players \$20



August 14th
Emma Lee \$15



August 20th
Brock Zeman \$10

August @
Neat™
www.neatfood.com



Our 2nd Anniversary Show;
Jeff Martin August 18th; SOLD OUT

Almonte in Concert

2010 - 2011 Season

From Madrigal to McCartney
Friday, October 22, 2010, 8PM
Cantabile – The London Quartet
Richard Bryan – counter-tenor
Steven Brooks, Mark Fleming – tenors
Michael Steffan – baritone

The Schumann Letters
Saturday, November 13, 2010, 8PM
Colin Fox – narrator
Susan Gilmour Bailey – soprano
Michael Kim – piano

Christmas with La Pietà
Saturday, December 11, 2010, 8PM
Angèle Dubeau, Lyne Allard, Josiane Breault,
Andra Giugariu – violins
Valérie Arseneault, Courtney Alexis Carter – violas
Annie Gadbois – cello
Mariane Charlebois-Deschamps – double bass
Marie-Ève Scarfone – piano

88 x 2
Saturday, January 22, 2011, 8PM
James Anagnoson and Leslie Kinton – pianos

Music Mosaics
Saturday, March 5, 2011, 8PM
Ensemble Prisme
Laura Neremberg – violin Sarah Ross – viola
Anne Contant – cello Jeffrey Miller – flute
Frédéric Hodgson – oboe Ben Glossop – bassoon
Nicolas Tremblay – clarinet
with guests
Noémi Racine Gaudreault – violin
Nigel Bell – horn
Frédéric Lacroix – piano

J.S. Bach and The Passion of the Cello
Saturday, April 16, 2011, 8PM
Winona Zelenka – cello

Special Concert — Sold Separately
The Ottawa Youth Orchestra
Sunday, November 28, 2010, 7PM
Under the baton of John Gomez, founder and director

Ticket & Subscription Inquiries: 613-253-3353
Full Series (6): Adult \$138 Student \$75
Mini Series (4): Adult \$100 Student \$50
Single Tickets: Adult \$27 Student \$14
Ottawa Youth Orchestra Concert:
Adult \$12 Student \$8 5yrs and under free
Subscriptions and single tickets available
by mail or online at:
www.almonteinconcert.ca
Single tickets available after September 1st at:
Mill Street Books
52 Mill Street, Almonte
613-256-9090

ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO

Crazy as a Quilter, Cool as a Moose...

Those Crazy Quilters!

This year is the twenty-fifth anniversary of the Mississippi Valley Textile Museum (MVTM) and the twentieth anniversary of the Almonte Crazy Quilters. In commemoration of both events, a colourful, exhilarating quilt exhibition is now on display in the Norah Rosamond Hughes Gallery, on the first floor of the MVTM.

by Miss Cellaneous

The quilts represent twenty years of work by the Almonte Crazy Quilters: Pauline Rorwick, Phyllis Kendall, Mary Lawson, Marion Elgood, Margaret Coady, Anne Wheatley, Marie Dunn, Marie Spriggs, Margaret

Donato, Barbara Cotterill, Louis Ridgen, Dianna Gale, Sandy McManus, Helen Halpenny, Anne Tokaruk, Betty Barrie, Jean Kidziun, Lorna Drummond, and Mimi Edmondsun.

Hand-stitched quilts, quilts made from ties, art quilts and more all decorate the walls and frames of the gallery. One quilt entitled *Autumn Oak Leaves* has been donated by the Crazy Quilters and will be raffled off as a fundraiser for the museum. Tickets are for sale at the MVTM until September 15th.

The Mississippi Valley Textile Museum is located at 3 Rosamond Street East in Almonte, and is open Tuesday to Saturday from 10AM to 4PM. For more information, call 256-3754 x 10 or visit <www.textilemuseum.mississippimills.com>.



This lovely *Autumn Oak Leaves* quilt has been donated by the Crazy Quilters and will be raffled off as a fundraiser for the MVTM

Rideau Lakes Show & Sale

The Rideau Lakes Artists' Association will be presenting its 16th annual August Show and Sale in Westport. The venue this year will again be the Westport United Church at the corner of Spring and Church Streets, both inside the hall and outside in tents. The display of original watercolour, oil and acrylic paintings will be open to the public, free of charge, on Saturday, August 28, from 10AM to 5PM, and Sunday, August 29, from 12PM to 4PM. The village of Westport will be alive with tourists enjoying

the sites and taking in the annual Rideau Valley Art Festival as well as many other exhibits, including the china painters, and the many beautiful gardens in the village. An enjoyable visit is ensured. For information, please call 928-3041 or visit the website at <www.rideaulakesartists.com>.

Sundance Studio Tour

Organizers have ordered the sun for Sundance! Plan to spend this Labour Day Weekend in Maberly at the annual Sundance Studio Tour. Last year, close to four thousand patrons came for a warm, sunny visit to stroll through the gardens and cedar trail, enjoying the relaxed atmosphere and original artists. Sundance 2010 welcomes four newcomers who will accompany the sixteen returning artists to make this one of the largest gatherings of environmentally responsible artists in Ontario. To borrow from last year's Perth Courier: "Sundance Gets It Right... From propane cylinders made into drums to vibrantly painted reclaimed chairs with chic design, the tour has an artistic surprise waiting around every rock and tree."

New artists this year include Debra Tate-Sears, a renowned painter and featured artist in this issue of *theHumm*. Domenic Back brings a skill in cabinetmaking second to none. Corey and Katerina from Evolution Iron create spectacular handmade iron work. In fact, they were recently selected as finalists for the Ottawa Transit Display. Marilynne Gowan re-

turns from a sabbatical with her whimsical multi-media art. There are plans for a mystery guest this year too!

Paul and Michele from Fall River Restaurant are returning for the fourth year with their "Lunch in the Gardens", serving locally grown and organic lunches. A new organic salad will be available this year. Paul is adding local micro-brewery ale, along with Ontario wines, to complete your dining experience. Recipient of the award for "Canada's Greenest Restaurant", Fall River is just down the road for your dining pleasure after the show.

As you enjoy your lunch, renowned local jazz pianist Clay Young and clarinetist Dave Renaud from the Ottawa Symphony return with their relaxing light jazz for your pleasure. Their sets are from 11AM to 2PM. The gardens are bathed in background music as you stroll around or relax at one of the ponds.

As always, admission is free; parking is free across the road where complimentary electric-powered four-passenger golf carts will transport you to the show. Ample washroom facilities are on site, and don't forget to enter the draw this year.




Visitors to the annual Sundance Studio Tour in Maberly are greeted by an impressive moose, made from recycled metal by JP Schoss of Dog Bite Steel


Located on the outskirts of the village of Maberly, twenty minutes from Perth, Carmen's gardens have charmed thousands of guests; some of the artists are displayed in timber frame "studios" along a cedar trail. The artists value and care for the environment by utilizing as much reclaimed, recycled and natural materials as possible, making the Sundance Studio Tour one of the most unique and fascinating artist tours in the region, all in one location. Mark your calendar for the Labour Day Weekend! For more information, please visit <www.sundancestudio.ca>.

What?! You Haven't Bought Your Condo Yet?

You'd better "move" fast because they are selling quickly!




Mere steps away from historic downtown Almonte




Stunning view of the Mississippi River

VICTORIA WOOLLEN MILL



AVAILABLE NOW

residential and commercial CONDOMINIUMS



THOBURN MILL

Only 3 residential units remain available at the Thoburn Mill!

Visit us at almontecondos.com or call **613 256 9306** to arrange a visit.

almonte heritage redevelopment group • www.redalmonte.ca

Merrickville Artisan's Show

August 28 & 29 10AM-5PM

Merrickville Community Centre



Doug Stroud
 613-850-5446
www.antique-shows.ca

Summer Stories to Savour

When contemplating a topic for an article in the August Humm, I was suddenly struck by panic. "August?! How did it get to be August?! The summer is almost over!!" Of course I then realized it was only actually July 3, and the summer was still just beginning. That is one of the pitfalls of working on a monthly publication — always thinking a

by Rona Fraser

month ahead. But still, the summer is, no doubt, flying by, so how can we savour it as much as possible?

Well... frolic outdoors as much as possible (while avoiding heat stroke and sunburn and thunderstorms), indulge in your favourite summer drink (not too much, now...), take in some outdoor concerts, stroll around your neighbourhood with no particular destination in mind, devour endless fresh fruits and veggies grown in your garden or by local farmers, and spend a few afternoons lounging in a quiet spot with a good book.

For me, taking the time to sit and completely immerse myself in an all-engrossing book is as decadent as, say, slowly savouring a hot fudge and hot caramel

sauce-covered sundae. Actually, the book is even *more* decadent than the sundae, given our lack of free time these days! (If I now have you craving such a sundae, well, I will tell you that the one I was picturing was a Dairy Queen Pecan Mudslide — I highly recommend them for satisfying your body's need for calcium and protein... but where was I? Oh ya — books.)

So, in order to get the most out of the remaining days of summer, I highly recommend picking up a book to lose yourself in. But which one? To help you (and me) choose, I have enlisted the help of our favourite Lanark County booksellers, asking them the following question: "If I only had the time to read ONE book this month — a book for pure enjoyment — which one would you recommend and why?" So here they are, in no particular order.

The Help by Kathryn Stockett (\$21.66 including tax). Recommended by Mary Lumsden of Mill Street Books, 52 Mill Street, Almonte. "I read this book during the heat wave. I would describe it as a light read for women. It was instantly engaging and held my interest to the end. Set in Mississippi in 1962, the story revolves around the life of black

maids. Read it on a hot day with a large glass of iced tea!"

The Color Purple by Alice Walker (\$5.95, used). Recommended by Stephen Scanlon of Stillwater Books and Treasures, 31 Main Street, Westport. "Very rarely (in my opinion) does a movie come close to the magnitude of the written word. The fact that *The Color Purple* was a great movie should give you some idea of what the book can give you. It's in my top ten list of must-read books and on my bookshelf (both at home and at the store)."



William's Gift – One Veterinarian's Journey by Dr. Helen Douglas (\$24.95). Recom-

mended by Mary Vandenhoff of Nature Lover's Bookshop, 62 George Street (Hwy 511), Lanark Village. "This story tells of one woman's life as a country vet in Carleton Place with all the humour, self-discovery, trials and tribulations entailed as this committed caregiver learns the ropes caring for animals both great and small."

Eat Pray Love by Elizabeth Gilbert (\$18.50 new/\$9.99 used). Recommended by Leslie Wallack of The Book Nook, 56 Gore St. E., Perth. "An uplifting story all women can relate to. Laugh out loud funny and takes you to exotic places! A perfect summer read!"

The Forgotten Garden by Kate Morton (\$15). Recommended by Barbara Gateley of The Bookworm, 76 Foster Street, Perth. "It's an absorbing mystery of family intrigue and lots of secrets from the past. Absolutely made for a cool shadowy porch, comfortable wicker chaise-lounge and iced tea. You may also be interested in the one that comes before it — *The House at Riverton*."

The Girl with the Dragon Tattoo by Stieg Larsson (first book of the *Millenium Trilogy*, \$13.50). Recommended by Aisha and Carolyn of Read's Book



Shop, 130 Lansdowne Avenue, Carleton Place. "The Girl with the Dragon Tattoo is a hot, happening, action-packed thriller with a conscience. It has great characters and is hard to put down!"

There you have it. A selection of book choices with which to savour the last of the August days, as well as a couple of votes for iced tea as your drink of choice.

If reading this column results in you choosing to read one of these books, please let me know what you thought of it. Also, if you have an all-engrossing book you would like to recommend, email me the details and perhaps we can tell others about it in the future.

— Comments welcome at <rona@thehummm.com>, and I will try to take time to read them... between books!

Celebrate our heritage & textile arts with a weekend in
Almonte, Clayton & Pakenham
Fibrefest - A Festival of the Fibre Arts
September 11th and 12th - Almonte



"Requiem for my Friend"

Over 20 textile art vendors
Spinning, weaving & lace making demos - a play & tea room
Featuring master textile artist: William C.G. Hodge - Exhibit title: Uplift

Doors Open 2010 Mississippi Mills
September 11th - 10am to 4 pm

Visit historic churches and heritage homes - stop for lunch at an old country church
Tour the new hydro plant on the Mississippi - climb the clock tower in the Old Post Office
Come to the Almonte Old Town Hall, 14 Bridge St. for information & guides



www.textilemuseum.mississippimills.com



www.mississippimillsdoorsopen.com



www.doorsopenontario.on.ca

BMO  Financial Group presents

August 7 & 8

9:30AM-6:30PM

Almonte Ont.

in Mississippi Mills



International Puppet Festival



10
Puppet Troupes
from
Around the
World

Passes

Daily: Adults - \$15 • Children (3-12) - \$10
Weekend: Adults - \$25 • Children (3-12) - \$15
Children under 3 are free

Available at the gate, or in advance from:
PayPal, online at www.puppetsup.ca/tickets
Mill Street Books, 52 Mill St., Almonte, 256-9090

See full schedule, map and
troupe descriptions inside!



Photos: Bev Relfe, Paddy Vargas, Dale Dunning, Maggi McLeod & Noreen Young

Puppets Up! International Puppet Festival Almonte Aug. 7 & 8, 2010 www.puppetsup.ca

Our Performers and Sched

A Sea of Puppets Taiyuan Puppet Theatre (Taipei, Taiwan)

Traditional Taiwanese puppet theatre stylings, along with the creativity of puppet carvers, designers, musicians and writers, will be showcased by the Taiyuan Puppet Theatre Company. This troupe has entranced audiences in venues in over twenty countries around the world! All shows are presented with Taiwanese music and songs.

This show is recommended for all ages.

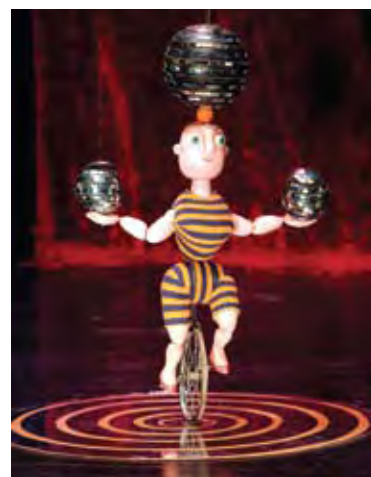


The Legend of Sleepy Hollow Frogtown Mountain Puppeteers (Maine, USA)

This will be the fifth year that the Frogtown Mountain Puppeteers have brought their special brand of puppet magic to Puppets Up! Based loosely on

the original story, this show involves a bumbling Headless Horseman, his wisecracking horse, the meat-head Brom Bones, the lovely Katrina Van Tassel, her ostentatiously rich father, and the mild-mannered and lovable protagonist, Ichabod Crane.

This show is recommended for children ages 4 and up.



Circus on Strings Viktor Antonov, (St. Petersburg, Russia)

Puppets Up! welcomes versatile and internationally acclaimed puppeteer Viktor Antonov. A brilliant theatre technologist, Antonov is recognized the world over for his artistry and technical expertise. With only music, *Circus on Strings* is a solo program of marionette tricks that has played to enraptured audiences around the world.

This show is recommended for all ages.

The Dragon King Tanglewood Marionettes (Maine, USA)

An underwater fantasy based on Chinese folklore, this production tells the tale of an intrepid Grandmother who journeys to the bottom of the sea to seek the Dragon King and the answers to why he has forsaken the land above. Colourful sea creatures, an exciting adventure, and a Dragon King that will knock your socks off!

This show is recommended for children ages 4 to 10.



The Lost Alien

Jacob Berkowitz (Almonte, Ont)

In his out-of-this-world production, Jacob introduces Ambrosia, an alien who is lost and needs help to find her way home. How hard can this be? There are only eight planets in our Solar System. But, Ambrosia isn't from our Solar System. She's from an exoplanet — an amazing planet around another star. Join the search for an alien Earth and help this ET go home!

This show is recommended for children ages 4 and older.



Star Sisters

Foreign Landscapes, with Exit 4 Theatre (Massachusetts, USA)

A Tagish legend from the Yukon, handed down by elder Angela Sydney, is the inspiration for *Star Sisters*. The Canadian Premiere of this collaborative production combines toy theatre puppetry, rod puppets, "found object" theatre, shadow puppets, giant puppets, masks, live acting, storytelling, and live music in this humorous and visually stunning tale.

This show is recommended for children ages 4 and up.



Zircus Clownz Clownz (Brownsbury-Chatham, Quebec)

This year, Puppets Up! favourites Zip-E and Drouille (a.k.a. Adam Zimmerman and Karine Roberge) will present *Zircus Clownz* in a theatre venue, in addition

to bringing their usual zaniness to the festival's streets and parade. The show is all about what Clownz do; in shows, behind the scenes, in the circus ring, and anywhere there is a crowd!

This show is recommended for all ages.

Mr. Smythe's Mini All-Star Comedy Show Lawrence Smythe (Montreal, Quebec)

Welcome to the small enchanting world of Humanette — a unique technique of puppetry developed in the early days of vaudeville where the head of the puppet is human. Mr Smythe plays the MC of the show — a seasoned showbiz veteran, who invites new talent to audition for his *Mini All-Star Show*. Will they make it into his league of champions? Let the audience be the judge.

The show is suitable for all ages.



Little John In the Realm of Fancy Ti-Jean au royaume des Fla-flas Le Théâtre de Deux Mains (Montreal, Quebec)

Puppeteer Louis-Philippe Paulhus is a one-man band! Paulhus will give voice to 21 puppets (4 different kinds) and narrate their stories, while managing six different sets, and all of the lights, music and sound effects. Productions of both the English version (4 shows) and the French version (2 shows) interpret a popular Quebec tale via the magic of puppetry.

This show is recommended for all ages.



The Wind in the Willows Rag and Bone Puppet Theatre (Orleans, Ontario)

This creative presentation tells the story of four outcasts (Toad, Mole, Badger and Ratty — actually a water vole) through puppetry, masks, stuffed toys, screened cutouts, film, storytelling and acting. Throughout the show, the technique of open manipulation allows young audiences to see how the puppets work and to interact with the puppeteers.

This show is recommended for children ages 4 to 12.

ule



Puppets on Parade

During our daily parade, festival puppeteers, clowns, musicians and street entertainers take a joyous stroll down Mill Street. The parade starts each day at 1:45PM and ends at 2:15PM.

It's a festival highlight!

This year parade marshals include Almonte's own Olympian, **Perianne Jones**, **Max Keeping** (CTV Ottawa's Community Ambassador) and several other well known TV and radio personalities such as **Catherine Clark** from the Cable Public Affairs Channel (CPAC).



Photo by Jamie Douglas

Make Your Own!

A few minutes in the Puppets Up! Craft tent will remind you that kids are just naturally creative. With access to cloth and string and wooden bits, it is amazing what they create with some help from our local volunteers.

This tent, located in Kirkland Park, is absolutely free — and it's a great way to show kids that making their own puppet is not hard at all!



Photo by Bev Reife

Saturday

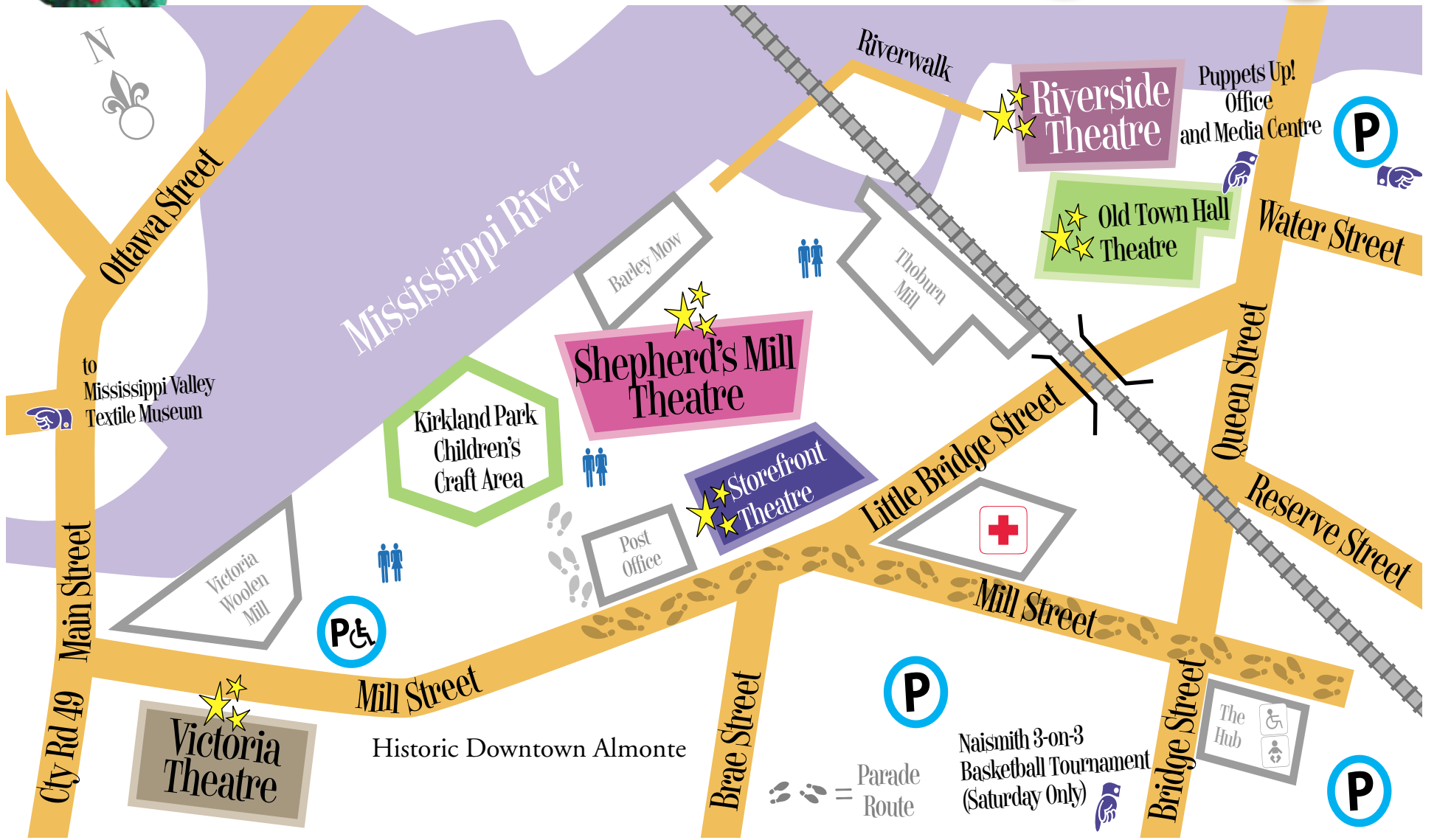
Storefront	Old Town Hall	Victoria	Riverside	Shepherd's Mill
10:00 - 10:45 Little John in The Realm of Fancy Le théâtre de Deux Mains	10:00 - 10:45 Star Sisters Foreign Landscapes & Exit 4 Theatre	10:00 - 10:35 The Lost Alien Jake Berkowitz		
11:15 - 12:00 Wind in the Willows Rag and Bone	11:15 - 12:00 Circus on Strings Viktor Antonov	11:15 - 12:00 The Headless Horseman of Sleepy Hollow Frogtown	11:00 - 11:45 A Sea of Puppets Taiyuan	11:00 - 11:45 The Dragon King Tanglewood
12:30 - 1:15 Little John in The Realm of Fancy Le théâtre de Deux Mains	12:30 - 1:15 Star Sisters Foreign Landscapes & Exit 4 Theatre	12:30 - 1:05 The Lost Alien Jake Berkowitz	12:15 - 1:00 Circus Clownz Clownz	12:30 - 1:05 Mini All-Star Show Mr. Smythe
1:45 - 2:15 Puppets Up! Parade				
2:30 - 3:15 Wind in the Willows Rag and Bone	2:30 - 3:15 Circus on Strings Viktor Antonov	2:30 - 3:15 The Headless Horseman of Sleepy Hollow Frogtown	2:45 - 3:30 A Sea of Puppets Taiyuan	2:45 - 3:30 The Dragon King Tanglewood
3:45 - 4:30 Ti-Jean au royaume des Fla-flas (in French) Le théâtre de Deux Mains	3:45 - 4:30 Star Sisters Foreign Landscapes & Exit 4 Theatre	3:45 - 4:20 The Lost Alien Jake Berkowitz	4:00 - 4:45 Circus Clownz Clownz	4:00 - 4:35 Mini All-Star Show Mr. Smythe
5:00 - 5:45 Wind in the Willows Rag and Bone	5:00 - 5:45 Circus on Strings Viktor Antonov	5:00 - 5:45 The Headless Horseman of Sleepy Hollow Frogtown	5:15 - 6:00 A Sea of Puppets Taiyuan	5:15 - 6:00 The Dragon King Tanglewood

Sunday

10:00 - 10:45 Wind in the Willows Rag and Bone	10:00 - 10:45 Circus on Strings Viktor Antonov	10:00 - 10:35 The Lost Alien Jake Berkowitz		10:15 - 11:00 The Dragon King Tanglewood
11:15 - 12:00 Ti-Jean au royaume des Fla-flas (in French) Le théâtre de Deux Mains	11:15 - 12:00 Star Sisters Foreign Landscapes & Exit 4 Theatre	11:15 - 12:00 The Headless Horseman of Sleepy Hollow Frogtown	11:00 - 11:45 Circus Clownz Clownz	
12:30 - 1:15 Wind in the Willows Rag and Bone	12:30 - 1:15 Circus on Strings Viktor Antonov	12:30 - 1:05 The Lost Alien Jake Berkowitz	12:15 - 1:00 A Sea of Puppets Taiyuan	12:00 - 12:45 The Dragon King Tanglewood
1:45 - 2:15 Puppets Up! Parade				
2:30 - 3:15 Little John in The Realm of Fancy Le théâtre de Deux Mains	2:30 - 3:15 Star Sisters Foreign Landscapes & Exit 4 Theatre	2:30 - 3:15 The Headless Horseman of Sleepy Hollow Frogtown	2:45 - 3:30 Circus Clownz Clownz	3:00 - 3:35 Mini All-Star Show Mr. Smythe
3:45 - 4:30 Wind in the Willows Rag and Bone	3:45 - 4:30 Circus on Strings Viktor Antonov	3:45 - 4:20 The Lost Alien Jake Berkowitz	4:00 - 4:45 A Sea of Puppets Taiyuan	4:30 - 5:05 Mini All-Star Show Mr. Smythe
5:00 - 5:45 Little John in The Realm of Fancy Le théâtre de Deux Mains	5:00 - 5:45 Star Sisters Foreign Landscapes & Exit 4 Theatre	5:00 - 5:45 The Headless Horseman of Sleepy Hollow Frogtown		



Where to Find Everything



Proudly Presented By

Thanks to Our Sponsors! We couldn't have done this without you!



Making money make sense™
Phillip E. Massad
Investment Advisor



Hey Editor... I Need More Room!

Oh those lazy, hazy, crazy days of summer. August is here and there is so much going on it's going to be tough finding the space to tell you all about it. If only the editor would cough up some more space, or make the pages wider, longer, or perhaps the font smaller.

by Steve Scanlon

How am I supposed to work under these conditions? Oh, the pressure. I could, of course, just cut to the chase and stop babbling...

We've got theatre, food, music and art coming your way this month — some of it in combination. Let's start with one of my favorite subjects, theatre, in combination with another of my all-time favourites, food.

Dinner theatre is coming to Newboro (I know that this is "Westport" Wonders but really, Newboro is so very close). **DharmaNectar Studio** is presenting the Willy Russell play *Shirley Valentine*. Russell, who wrote *John, Paul, George, Ringo and Bert* along with the amazing *Educating Rita* is probably best known for this play about a woman at a pivotal point in her life and her decision to potentially chuck everything for an adventure in Greece. Okay, that

really is the short version of the story. Suffice it to say that a note is left for the hubby and kiddies and a trip is made by Shirley... everything else about this play you can find out by going to see it. **Theatre Panache** of Hudson Québec, a professional touring theatre company founded in 2004 by the company's artistic director Heather Markgraf, produces the play.

The dinner theatre is being held at the Newboro Community Hall and is actually a Dinner Theatre or a Lunch Theatre, depending on which day you attend. Originally it was planned for early August; however, plans have a tendency to change when the lead actor breaks an ankle (I'm sure there's a "break a leg" joke in there somewhere but I won't stoop that low).

If you see posters and flyers out with the August dates please disregard the dates but don't disregard the show — that is still happening. Performances are now scheduled for September 2nd through the 5th. For details visit <artsnewboro.com>.

On Saturday, August 14, Westport will be the home of the

4th annual **MUSICWestport** festival. As in past years, you will be able to take advantage of three stages in Westport and an abundance of great performers.

Kicking off the afternoon at 12PM is *Bald Like Dad*, playing to kids of all ages, followed by a great indie band, Montreal's Sunfields, with their folk rock influence. Catch the quartet Ladies of the Canyon here in Westport,

alt-country sound of the Brock Zeman Trio. Wrapping up the day at the SOHO stage are The Spades, with their "gut wrenching rock and roll..." The Spades have opened for the likes of The Tragically Hip, Blue Rodeo and Sam Roberts.

The Acoustic Stage on Church Street opens with Pete and Anne, a husband and wife duo, followed by singer/songwriter Christine Graves and her folk/jazz sounds. Kingston's Rueben deGroot wraps things up with his country roots sound.

That's not all though, oh no. Throughout the day Westport's own King of the Swingers will be playing throughout the town with their own swing sounds.

The Souljazz Orchestra plays the after hours show at the Cove Inn beginning at 8PM. This Ottawa-based six-member orchestra jumps up with a mix of soul, African and Latin rhythms.

Admission is free for all performances except the after hours show (but I'm sure a donation to the cause would make next year's event a little bit easier for the organizers — but you didn't hear that from me...).



Catch **The Spades** — and many other fine acts — at this year's MUSICWestport event

before they perform at the Ottawa Folk Festival and open for Great Big Sea in Toronto! They will be on stage at 3:30PM(ish). That's just one stage — the Cove Inn stage on Bedford Street.

The SOHO stage further down Bedford Street hosts the Tom Savage Trio, with their powerhouse rock and roll, and the

What else. Hmmm. We covered theatre, food and music... oh yes, art.

Brian Mantrop and Kathy Cashman, the only two people I know who have their very own enchanted forest, are hosting the show **Art Beat** at the aptly named Enchanted Forest Studio on August 21 and 22. Mantrop, a photographic artist, and Cashman, a creative clothing designer, have invited fellow artists Chiko Chazunguza (sculptor, print maker), Doug McDonald (concrete garden sculptor), Moyra Riley (jeweller) and Michael Doxey (potter) for a couple of days of enchantment. They would love it if you would join them. The show takes place at The Enchanted Forest, 1481 McAndrews Road, just outside of Westport. Visit <www.theenchantedforest.ca> for more information.

Don't forget the **29th Annual Rideau Valley Art Festival** being held in Westport from August 27 to 29. Only original art, only well seasoned, juried artists and only in Westport. Over sixty artists will be in attendance — come out and meet them.

How much space do I have left? Enough to say have a great August, enjoy all that Westport (and Newboro) has to offer. Thank you Madam Editor.

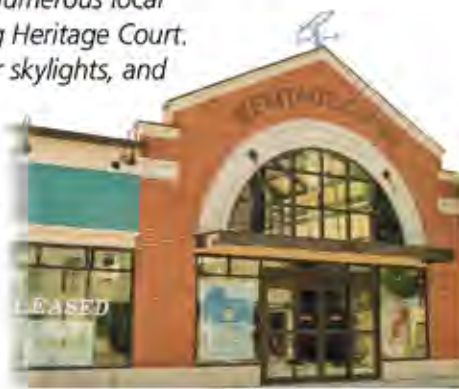
"A new beginning in the old town!"



To say that **Gord Pike** is a fixture in Almonte would definitely be an understatement. He has owned the property at 14 Mill Street for almost 35 years — it first served as the home of Gord's Almonte IGA, then as Levi Home Hardware, and most recently as V & S Options. In the meantime, Gord built the Heritage Mall next door, and developed Stoneridge Mall (now home to Patrice's YIG) at the edge of town. After decades of successfully running businesses and developing properties in Almonte, Gord decided it was time to "give back" to the community that has supported him for so long. His legacy takes the form of Heritage Court — a stunning restoration of the buildings at 14 Mill Street into prime retail space that is certain to attract new attention while paying homage to the historic architectural styles of the past.

Working with Almonte architect Peter Mansfield and numerous local contractors, Gord has spent the past year transforming Heritage Court. The central corridor runs the length of the building under skylights, and acts as a welcoming communal gathering place. Some units are already leased, and Gord is ready to show the available spaces to anyone interested in opening a clothing store... kitchen store... jewellery store... Contact him at 613-720-0456 or visit www.heritagecourt.biz.

A member of the Chamber since its inception, Gord appreciates that the organization facilitates the sharing of ideas and creation of a positive energy for the town!



Gord Pike — Mississippi Mills Chamber member since 1994



Visit us: www.mississippimills.com

MISSISSIPPI MILLS
CHAMBER of
COMMERCE

Meet us:

Mixer Update

Thanks to all who participated in the June 23 **marketing workshop**. The Mixers will take a break for the summer — we'll see you again on September 22.

Chamber Golf Tournament

Wednesday, August 18 at the Mississippi Golf Club in Appleton. Register your foursome at Watt's Cooking (Pakenham), Don's Meat Market (Almonte) or www.mississippimills.com.

Join us:

To become a member of the Mississippi Mills Chamber of Commerce please email your request to manager@mississippimills.com. Members who attend our monthly MIXERS are eligible to win a business profile like this one!

A Busy Summer Month at the Falls

Summertime... and the living is easy... OK, there's the lawn to mow, the garden to hoe and chores of which I don't even know (pardon the poetic poke). Face it: you need a break before autumn sneaks up on you. So come to downtown Smiths Falls for a getaway day. Heck, it's summer — make it several days!

by Joffre Ducharme

What better place to kick off a mini-vacation than our still rather new, yet already well utilized, Station Theatre. The Smiths Falls stage will be hosting a **BarnDoor** production of *Dark of the Moon*. This dramatic, poetic, musical, comic, and always entertaining play continues its run, started in July, with performances on August 5, 6 and 7. There's just enough time for the

We get things started on August 6, with **BIG*ACT**, appearing at Players Sports Bar and Grill at 140 Lombard Street. This local rock quartet plays a wide variety of music, including hits from the '70s, '80s and '90s, as well as newer tunes. To keep the weekend party going, the Kilt and Castle Pub kicks in on August 7 with a Celtic celebration to mark its first year in business. From 5 to 9PM, Stephen Mark Fisher will be performing an assortment of Scottish, Irish and good old down east songs and melodies.

On Friday the 20th, you have the opportunity to see, and hear, two totally different, but equally cool acts. Peppers Bar and Grill presents country music recording artist **Nelson Colt**. With over twenty years in the business, Nelson can get those country standards across with all the

known as "The Smiths Falls Amateur Astronomy Group". No, no, they're not a progressive rock band — they're a real astronomy group. Launched in August 2009 by David O'Hare, the group started a series of events called "Stars in the Park", when everyone is invited to come out and observe the night sky. During these sessions, they have up to ten telescopes setup for your viewing pleasure. According to David, when someone looks through the eyepiece and sees Saturn for the first time in their lives the response is always the same: "That's awesome!"

SFAAG is also venturing into the community, doing presentations for groups such as Scouts, Girl Guides, schools, etc. Outdoor events are dependent on cloud cover, so check with the group for dates and confirmation at <tech.groups.yahoo.com/group/sf_astronomy> or <smithsfalls.aag@gmail.com>.

On August 28 and 29, the Railway Museum of Eastern Ontario in Smiths Falls has planned a final getaway weekend. A **Rail Fest**, just for you. Gates open at 10AM with lots to see and hear. Check out the numerous model displays and vendor kiosks where you can find something for the serious collector or someone just getting started. Listen to live music with Kerry and John, have your picture drawn by award-winning artist John Cullen, tour through the dental car, the Cadillac Car, the steam engine, the big diesel, and more. On Saturday night, enjoy a special showing of *The Railrodder* from 1965, the last film of the great Buster Keaton, followed by the feature film *The One that Got Away* which tells the story of a German POW who escaped from a train going through Smiths Falls. More information can be found at 283-5696 or <www.sfrmeo.ca>.

Now to help you get around to all these events quickly and comfortably, the Town is pleased to announce the **Smiths Falls Shuttle Bus**. It will run on a continuous 45-minute loop around town throughout the afternoon, on Fridays, Saturdays and Sundays, until September 5. On those other days, the **Rideau Rickshaw Runners** will be happy to give you a lift, as they run every day, all summer long.

Take care and see you at the Falls!

— Joffre Ducharme is a local photographer and writer. Reach him at <cjoffrecare@yahoo.ca>.



This month's full slate of activities in Smiths Falls is capped off on August 28 and 29 by **Rail Fest** at the Railway Museum of Eastern Ontario

BarnDoor sweat to dry off the planks before the **Smiths Falls Community Theatre** takes to the stage with their second play of the season in their new artistic home. *Rough Magic* by Roberto Aguirre-Sacasa is billed as an action-adventure-fantasy. This most original play tells the story of a modern day magician who can transplant characters from Shakespeare's masterpieces into the present-day world. Macbeth lining up at McDonald's anyone? Performances start at 8PM on August 19 to 21, 26 to 28, with a matinee at 2PM on Sunday, August 22.

How about some local music while you're out painting the town? Here's a sampling of performances scheduled for August.

feeling that life on the road will chisel into the heart of a cowboy troubadour. You can find Nelson Colt on the net at <www.nelsoncolt.com>. At the other end of town (a few minutes drive), Rob Roy's Pub counters with the **Sun Bleached Skulls**, playing an eclectic mix of cool covers and tasty originals.

And, of course, every Sunday evening, from 5PM to 8PM, **Open Stage** presents free music in Lower Reach Park on the shores of the Historic Rideau River. It's a relaxing way to end your weekend visit on a pastoral note (and sometimes the resident loons chime in).

It just seems that, more and more, Smiths Falls is full of stars. And, taking the theme to totally new heights is the local group

Our new heat wave-inspired
Dress Code
Men: No shirt, no service
Women: No shirt, no problem!

Don's Meat Market
126 Mill Street • Almonte
256-6801

Pick up *theHumm* in Carleton Place at
CARLETON PLACE WINERY

FIRST CLASS 256-5610
UNISEX SALON

"Great hair happens in our Salon!"
www.firstclass-unisexsalon.ca

ed jenkins 613.256.6969
refreshing landscapes

designing and crafting inventive spaces
for people and plants

bittersweet
FINE CRAFT & ART

Jocelyne St-Denis
MAÏKA
creator of Masks

5 Leckie Lane • Burnstown
open daily 11 to 5pm
613.432.5254
Over 50 Canadian artists represented
www.burnstown.ca/bittersweet

THE COVE COUNTRY INN
Four Seasons Resort

WEDDINGS • CONFERENCES
DOCKING • LIVE ENTERTAINMENT
DINING • ACCOMMODATION
WESTPORT-ON-THE-RIDEAU
613-273-3636 • 1-888-COVEINN
www.coveinn.com

August 1 • Spoon River, 8PM
August 14 • MUSICWestport, Free afternoon, 8PM show for \$5
August 25 • An Evening with author Guy Thatcher, 7PM
Sundays on the Patio with Kevin Head (1-4PM)
Karaoke Tuesdays with Lumpy's Lullabies (8-11PM)
Jazz Thursdays with Spencer Evans Trio (9-11pm) — Aug. 5 with Emily Fennell
Friday Cuban Guitar with Mario Franco (6-9PM)
Saturday Soirees with Terry Cowan and Ben San Pedro (6-10PM)

the Night is Young

An Evening Celebration of Art & Music in support of The Young Awards

Friday, August 13

7-8:30PM Classical concert at the Almonte Old Town Hall with The Arden Trio
Doors open at 6:30PM with complimentary appetizers

\$20 from Appleton Gift & Basket or at the door

from 8:30PM Arty Street Party on Mill Street
Browse downtown Almonte, and be entertained by talented local youth
by donation to youth buskers

www.thenightisyoung.ca

The Night is Young is generously sponsored by Reliable Heating & Cooling

Time to try Reflexology

REJUVENATING TREATMENTS FOR BODY & SOUL

carmelized

168 Victoria St. Almonte,
www.carmelized.ca

For an appointment call
(613)256-7797 or email carmel@carmelized.ca
See our website for treatments and prices

Pick up theHumm in Almonte at APPLETON GIFT & BASKET

The Perfect Getaway!

Beautiful Setting on Mill Pond
Lake Views
Ensuite Spa Tub Rooms
Open All Year

The Roberts House
BED & BREAKFAST

18 Main Street • Westport, Ontario
613-273-8181 • www.therobertshouse.com

One Pungent Festival!

Postcards From Perth

Okay, pencils out, folks. Pop quiz. (Stop that whining.)

Question #1: A species in the onion family — close relatives include the shallot, leek and chive... By what name is *allium sativum* more commonly known?

Got it? If so, good for you. You're one smart tomato. If not, that's okay — we can't all be geniuses. Please move on to...

by John Pigeau

Question #2: Central European folk beliefs considered what vegetable (and/or herb) a powerful ward against demons, werewolves, and vampires? Hint: They often wore it, hung it in windows, or rubbed it on chimneys and keyholes.

Get that one? If so, well, brilliant. You are quite intelligent. Please, self-high-five or treat yourself to an ice cream cone. If not, let's try...

Question #3: The irrational fear of what is called "alliumphobia"?

Now that was an easy one; I really hope you got that straight away. But if not, please call your mother and tell her you'd like an encyclopedia for your next birthday. Then move along to...

Question #4: What plant really looks like an onion, has bulbs, cloves, and scapes, is sometimes used for medicinal purposes, and has a characteristic pungent, spicy flavour that mellows and sweetens considerably with cooking?

All right, I know you nailed that one. But if you didn't, the answer, as with the three previous questions, is *garlic*! So wonderful is garlic that the good citizens of Perth feel the need to honour the "stinking rose" (as it's sometimes and lovingly called) with an annual festival. This year's celebration — the 13th annual Perth Garlic Festival — will be held on August 14 and 15 at the Perth Fairgrounds.

Hosted by the Lions Club of Perth, the purpose of the flavoursome festival is to promote Ontario-grown garlic, to bring together "garlic heads" and producers annually, to share ideas on how to grow, harvest, market, cook and enjoy garlic, to provide a venue for the consumer to pur-

chase locally grown garlic, to help in the ongoing development of Perth tourism, and to distribute the proceeds of the festival to worthwhile community initiatives supported by the Lions Club. Since 1997, when a small group of like-minded people came up with the idea to celebrate the "stinking rose," the festival has raised almost \$100,000 for various causes.

This mouth-watering community festival, which has quickly become one of Eastern Ontario's most anticipated annual community events, truly has something for everyone. With over fifty regional garlic, food and craft vendors, there will be lots to see and do and buy and taste. Learn all you ever wanted to know about garlic from the "Fish Lake Garlic Man". Take part in the Tailgate Rib Cook-off. Witness cooking demonstrations by master chefs Jeff Parlardg of Lapointe's Seafood Grill in Kanata, Joanne Edwards of The Cove Country Inn in Westport, and Judy Dempsey, previous owner of the Hungry Planet restaurant. Enjoy the musical stylings of Andre & The J-Tones Rhythm and Blues Experience, or the duo of Clay Young (on keyboard) and Dave Renaud (on clarinet). Wet your whistle at the wine tasting in the Lions Hall. Take in the garlic braiding demonstration by Al Cowan of the Ontario Garlic Growers Association. Have your face painted by a Shriner. Bid on fine paintings by local artists (Nora Brown, John Shea, Carmen Allen, Linda Turner, and Dorothy Renals, to



You'll find plenty of "the stinking rose" at the Perth Garlic Festival on August 14 and 15

name only a few) at the silent art auction. Watch the Rideau Carvers bird carving demonstration or marvel at the popular Birds of Prey show (three shows daily with at least five birds of prey).

You get the idea: you won't be standing around with your hands in your pockets. Hopefully you'll leave, having had a great time with the family, with a head full of fascinating new garlic-related recipes (Garlic Chocolate Chip Cookies!) and a sack full of fresh garlic.

For more details and a full schedule of events, visit the Perth Garlic Festival website at www.perthgarlicfestival.com or call 1-877-268-2833. Admission is \$5 for adults, while children under twelve get in for free. There is an ATM on site, parking is free, and the Perth Fairgrounds are wheelchair accessible. However, pets are not allowed, which, I think, is a small price to pay to find out why, as festival organizers like to say, "It's chic to reek."

— John Pigeau is a novelist and freelance writer who lives and writes in Perth. He can be reached at jpigeau@hotmail.com.

Garlic Chocolate Chip Cookies

- | | |
|-----------------------------------|--------------------|
| 10 garlic cloves in boiling water | ¼ cup maple syrup |
| 1 cup butter, softened | ¾ cup brown sugar |
| ¾ cup white sugar | 2 eggs |
| 1 tsp vanilla | 2 ½ cups flour |
| 1 tsp baking soda | ½ tsp salt |
| 2 ¼ cup chocolate chips | ½ cup chopped nuts |

Drop cloves in boiling water for 5 minutes or until tender. Peel and chop, or use a garlic press. Soak garlic in maple syrup for 20 minutes. Cream butter, sugar, eggs and vanilla until fluffy. Combine flour, baking soda and salt. Add to creamed mixture, stir in chocolate chips and nuts. Drain garlic and add to mixture. Blend well. Drop on ungreased cookie sheet and bake 8-10 minutes until lightly browned.

Recipe courtesy of the Perth Garlic Festival website

Philip K. Wood Gallery
Victoria Woollen Mill
7 Mill Street, Almonte
613-292-4406

The gallery is pleased to present a unique exhibition of photographs and paintings by John T. Fowler and Deborah Zdriluk.

Exhibition opens **Friday, August 6** and continues through September 5.
Vernissage: Sunday Aug. 8, 2-4PM

John T. Fowler (photography)
Red Oak Leaves

Deb Zdriluk (watercolour & acrylics)
Red Iris

A Classical Feast for the Ears!

Talented soprano **Molly Luhta** will be performing works by Bizet, Strauss, Puccini and others in a classical voice concert on Sunday, August 29, at 3PM. Molly is a native of Arnprior and will be presenting the concert in her hometown at Grace St. Andrew's United Church.

Molly is a fourth year music student at Queen's University, finishing a double major in performance and education, with a minor in drama. She was recently the featured guest soloist with the Arnprior Community Choir and will be performing with the Kingston Symphony Orchestra in December.

She has been a member of the Queen's Student Opera Company for the past three years, performing in productions of *I Pagliacci*, *Dido and Aeneas* and most recently in the lead role of Hansel in Humperdink's *Hansel and Gretel*. Molly is currently in Detroit studying at the Michigan Opera Theatre in their intensive summer study programme.



As she plans to continue her studies in Europe next year, Molly will put proceeds from this concert towards these further studies and her career. Her dream is to be performing on the opera stage in the very near future! Set aside August 29 at 3PM to hear this up-and-coming vocal star. Tickets are \$10 and are available at various locations and at the door. Refreshments will be served.

For more info please contact Vicki Luhta at <luhtavs@yahoo.ca> or 623-1180.

Puppets... Unstrung!

On Saturday night, in the middle of this year's Puppets Up! International Puppet Festival (August 7 and 8), things are going to get a little out of control. On purpose.

During the day, the streets of Almonte are given over to families and child-appropriate performances by puppets and puppeteers from around the world. But on Saturday night, those same puppeteers put aside childish things and focus exclusively on an adult audience. This year's "Puppets... Unstrung!" cabaret will once again prove that puppets can be very naughty indeed.

Matt Ficner — puppeteer, puppet maker and all round creative whiz kid — will produce the cabaret again this year. It will include over a dozen adult puppet sketches with hilarious puppet continuity by Matt and friends. The cabaret

stage crew, performed again this year by clowns Zip-E and Drouille, will try to keep their hands off each other and focus on supporting the production.

The show will include a live auction of puppets made by some of Canada's most famous puppeteers and puppet makers, such as Noreen Young, Ronnie Burkett, Trish Leeper, Kanja Chen and Matt Ficner. These puppets will be on display in Almonte prior to the show, in the windows of Baker Bob's on Little Bridge Street.

The performance begins at 8PM in the Almonte Old Town Hall. Tickets (\$25) are available at Baker Bob's (cash only) and at Mill Street Books (cash and credit, 256-9090), both in Almonte.

For more information on performances and festival tickets visit <www.puppetsup.ca>. You can become a Puppets Up! fan on Facebook too!

15th Annual Fibrefest

The Mississippi Valley Textile Museum's highly anticipated Fibrefest is returning for its 15th annual celebration on the evening of September 10 and full days on the 11th and 12th at the Mississippi Valley Textile Museum (MVTM) and the North Lanark Agricultural Hall (Ag Hall). This two-day festival of the fibre arts features vendors, demonstrations, a play by the Valley Players, a quilt exhibit, and more.

On Friday evening, from 7:30 to 9:30PM, the MVTM will host the opening gala and the opening night of the play *Quilts From Hell*, written by Fern Martin. Presented by the Valley Players, the play will also show in the afternoon and evening on both Saturday and Sunday. The cost of the Friday evening is \$20 (which includes wine and cheese). The cost to see the play on Saturday or Sunday is \$15. The cost to enter Fibrefest itself (without seeing the play) is \$5, which

gives you access to both the MVTM and the Ag Hall. Throughout the festival, local guilds will be on hand to demonstrate the arts of knitting, lacemaking, smocking, weaving, spinning, quilting, penny rugs and more! Also featured at the Museum is the special exhibition *Uplift* by master textile artist William G. Hodge.

The Friends of the Mississippi Valley Textile Museum will be providing tea-room services featuring homemade goodies, beverages and sandwiches, all available at a reasonable price.

The festival runs on Saturday September 11 from 10AM to 5PM and Sunday September 12 from 10AM to 4PM in Almonte. The Agricultural Hall is located at the Almonte Fairgrounds on Water Street, and the Mississippi Valley Textile Museum is located at 3 Rosamond Street East. For more information, contact the museum at 256-3754 or <mvtm@magma.ca>.

Did you know that Mississippi Valley Conservation owns and operates The Mill of Kintail Conservation Area, an amazing showcase of natural and cultural history in Mississippi Mills?



Learn more about MVC, your local conservation authority, and what we do at the Mill of Kintail and across the entire Mississippi Valley watershed. It's so much more than watching the trees grow and the water flow.

Join us at the Mill of Kintail Conservation Area on **Sunday, August 15, from 10 to 4:30**. Admission is free.

There will be a BBQ lunch hosted by the Mill of Kintail Museum Committee with proceeds going to the North Lanark Regional Museum.

Enjoy
Guided Hikes • Museum Tours • Stream Studies
and more!

Mississippi Valley Conservation plays an important part in the community and we look forward to seeing you. Bring your kids, your curiosity and your sunscreen and enjoy the day in a beautiful setting!

For more information email skolsters@mvc.on.ca
or call 613-256-3610 ext. 2.



Mississippi Valley Conservation



sundance studio tour

A WALKING STUDIO TOUR OF 21 ARTISTS

SEPTEMBER 4 & 5 (10-5)

SEPTEMBER 6 (10-4)

www.sundancestudio.ca

1047 ZEALAND RD., MABERLY, ON 613-268-2171

Green art Comes in all shapes and Colours!



Haitian drum art provides an ornamental method of recycling steel oil drums. Using a hammer and chisel, the artisans create intricate designs and give new life to the metal. Haitian drum art is a socially-conscious art form that provides fair

wages to Haitian craftspeople. Recycled metal art is produced according to fair trade standards as well as being eco-friendly.

NATURE LOVER'S BOOKSHOP

62 George St, Lanark • 259-5654
natureloversbookshop@bellnet.ca
www.natureloversbookshop.ca

Natural Fibre Festival

Last year, Robert and Hanne Quigley held the inaugural Natural Fibre Festival at their Alpaca ranch, Silent Valley Alpaca. The festival was a great success for all participants, as well as all the individuals and families that attended.

The Natural Fibre Festival is a celebration of natural fleeces and fibres, homegrown in and around the Ottawa Valley. Visitors will have an opportunity to meet with the many talented craftspeople and artists who are using natural fibres as their medium. Children and adults will have the opportunity to attend workshops and demonstrations on spinning, carding, weaving, felting and more, learning crafts that will inspire and encourage.



Meet the artists, tour the facilities, and visit with the alpacas. Be prepared to spend the day — bring your lunch or purchase some of the delicious baking that will be available.

Set aside the September Labour Day Weekend, September 4 and 5, to visit Silent Valley Alpaca as they host the 2nd annual Natural Fibre Festival. For directions and more information, visit <www.silentvalleyalpaca.ca>.

Get Ready to BioBlitz!

The Centre for Sustainable Watersheds in partnership with the Community Stewardship Council of Lanark County and Leeds County Stewardship Council is planning a number of BioBlitzes on private properties in Leeds and Lanark Counties.

Expert-guided walks, small mammal trapping, seine netting, insect catching, and interactive displays are all examples of community learning activities that might be offered at a BioBlitz event. The main objective is to produce a volunteer-based biological inventory. Typically, these events run for 12 to 24 hours with a group of volunteer experts, naturalists, and enthusiasts counting the total number of plant and animal species in a specified area. "Organizing and hosting a BioBlitz is a fun and interactive way for communities

to come together to learn about biodiversity, stewardship, and natural heritage values right in their own neighbourhoods," says Meaghan McDonald, who is the BioBlitz intern working on the project.

The events generate a comprehensive list of species per property, and the data is then provided to the Ministry of Natural Resources. "This type of information is highly valuable to biologists, conservationists and land management experts, as very little inventory work has been completed in Eastern Ontario due to the high percentage of privately owned property," says Barbara King, Program Manager for the project.

The first BioBlitz is planned on a 1,000-acre property near Almonte, owned by Gerry Lee, on Friday, August 13 to Saturday,

August 14. "The management of my forest property is focused on forest wildlife. As such, the more information I can get regarding the plant and animal makeup and their ecological connections, the better I can manage and understand my forest. The BioBlitz represents a real opportunity to generate much of that information in a hurry" explains Gerry.

Two more BioBlitzes are planned later in August and early September on two properties in Leeds County. For more information about the project, contact Meaghan McDonald at 267-4200 ext. 3194 or at <BioBlitzintern@gmail.com>.

These events are taking place thanks to funding from the Species at Risk Stewardship Fund and the Community Fish and Wildlife Incentive Fund (CFWIP).

Lachapelle Antiques



Furniture Refinishing and Antique Stores

1526 Ashton Station Rd.
Ashton
613-257-2960

www.lachapelleantiques.com

24 Mill St.
Almonte
613-256-1511



COLLABORATIVE PRACTICE

Resolving Disputes Respectfully

Elizabeth Swarbrick
Lawyer
Mediator
Collaborative Practitioner
83 Little Bridge St.
Almonte

613-256-9811

www.familyfocusedlaw.com

CERTIFIED FAIR TRADE

ORGANIC COFFEE

Yes! We have COLD DRINKS too

... and they're Freakin' Good!



9A HOUSTON DRIVE • ALMONTE • 256-5960
SUMMER HOURS: MON-SAT 7AM-6PM; SUN 9AM-5PM

NEWBORO'S DHARMALECTAR STUDIO PRESENTS:

Shirley Valentine

by Willy Russell

Dinner Theatre

September 2 & 5, 12:30PM
September 3 & 4, 6:30PM

Newboro Community Hall,
Newboro, ON

Tickets:

613-272-0392 or 613-272-8053

For information & tickets online:
www.artnewboro.com

Sponsored by Kilborn's

Claiming Column

Shirley Valentine, Newboro, Sep 2-5
PAMT Idol, Perth, Sep 4
Sundance Studio Tour, Maberly, Sep 4-6
Natural Fibre Festival, Ompah, Sep 4-5
Infest, McDonalds Corners, Sep 4-5
MelonFest & Pepper Pow Wow!, Carp, Sep 7
Mississippi Mills at a Glance, Almonte, Sep 8
Fibrefest, Almonte, Sep 10-12
Sounds of Downtown, CP, Sep 11
Doors Open Ontario, Sep 11
Picklefest, Smiths Falls, Sep 11
Ensemble Vivant, Perth, Sep 17
SchoolBOX Latin Fiesta, Almonte, Sep 17
Writers Reading, Westport, Sep 26
Spirited Evening Cemetery Tour, Smiths Falls, Oct 2
Calabogie Artfest, Oct 2-3
Crown and Pumpkin Studio Tour, Mississippi Mills, Oct 9-11
Perth Autumn Studio Tour, Oct 9-11
London Quartet, Perth, Oct 21
Almonte in Concert, Oct 22
SRO Tea Dance, Almonte, Oct 24
Trudeau Stories, Perth, Oct 28
Christmas in the Valley Artisan Show, Almonte, Nov 5-6
Handmade Harvest Holiday Craft Show, Almonte, Nov 6
Almonte in Concert, Nov 13
Jully Black, Perth, Nov 27
Nunsense the Mega Musical, Carleton Place, Dec 3-5, 9-11
Almonte in Concert, Dec 11
Almonte in Concert, Jan 22, 2011
Into The Woods Jr., Carleton Place, Feb 25-26, Mar 3-4
Doctor Zoo, Perth, Mar 4
Almonte in Concert, Mar 5

Visual Arts

National Art Gallery Trip, Aug 6, 11 AM-5 PM. All invited to tour of permanent collection & Pop Life exhibit. \$19 for seniors/adults, free for youth. TYPs (256-8485), Mills Community Support Corporation (256-4700). Almonte/Ottawa
Vernissage, Aug 8, 2-4 PM. Photos & paintings by John T. Fowler & Deborah Zdriluk. Exhibit Aug 6 to Sep 5. Philip K. Wood Gallery, 7 Mill St. Almonte
Art Beat, Aug 21-22. Group art show. www.theenchantedforest.ca. Enchanted Forest Studio, 1481 McAndrews Rd near Westport
Rideau Valley Art Festival, Aug 27-29. Over 60 artists; original art, juried artists. 29th annual. www.rideauvalleyartfestival.com. Westport
Art Show & Sale, Aug 28 (10-5) & 29 (12-4). 928-3041 or www.rideaulakesartists.com. Westport United Church
Merrickville Artisan's Show, Aug 28 & 29, 10 AM-3 PM. 850-5446 or www.antique-shows.ca. Merrickville Community Centre
Arnprior Traditional Rug Hooking Get Together, Sep 1, 6:30-9 PM. Free. Info: kat153@yahoo.com. Arnprior Public Library

Literature

An Evening with Guy Thatcher, Aug 25, 7-9 PM. Author of *A Journey of Days*. No cost. The Cove, 2 Bedford St., Westport, 273-3636

Monday	Tuesday	Wednesday	Thursday
2	3 Green Drinks, Perth Karaoke, The Cove	4 CP Celtic Jam, Ballygiblin's	5 Disney's High School Musical 2, Perth Perth Citizens' Band Concert, Perth Kim Beggs w/Natalie Edelson, MERA Terry Tufts, The Barley Mow Dark of the Moon, Smiths Falls The Unlikely Sainthood of Madeline McKay, Burnstown Spencer Evans Trio, The Cove
9 Mayan Code Study Group, Almonte	10 Women's Business Group, Carleton Place Karaoke, The Cove	11 Heritage Canoe Tours, Smiths Falls Acting Workshop, Almonte Romeo & Juliet, Almonte George Birchall & The Brothers Chaffey, Heirloom Cafe CP Celtic Jam, Ballygiblin's The Voice of the Turtle, Perth	12 YogaPunx, Arnprior Terry Tufts, The Barley Mow The Voice of the Turtle, Perth Spencer Evans Trio, The Cove
16	17 Karaoke, The Cove	18 CP Celtic Jam, Ballygiblin's Jeff Martin, Neat Coffee Shop The Voice of the Turtle, Perth	19 Fame, Perth Perth Citizens' Band Concert, Perth Terry Tufts, The Barley Mow Rough Magic, Smiths Falls The Voice of the Turtle, Perth Spencer Evans Trio, The Cove
23	24 Karaoke, The Cove	25 Heritage Canoe Tours, Smiths Falls An Evening with Guy Thatcher, The Cove The Voice of the Turtle, Perth CP Celtic Jam, Ballygiblin's Miss Emily Brown & Prescott, Heirloom Cafe	26 Terry Tufts, The Barley Mow Rough Magic, Smiths Falls The Voice of the Turtle, Perth Spencer Evans Trio, The Cove
30	31 Karaoke, The Cove	1 Rug Hooking Get Together, Arnprior CP Celtic Jam, Ballygiblin's	2 Terry Tufts, The Barley Mow Spencer Evans Trio, The Cove

Kids

Disney's High School Musical 2, Aug 5 (7 PM), Aug 6 (10:30 AM/7 PM). Perth Academy of Musical Theatre. \$10 from 267-9610. Myriad Centre, 1 Sherbrooke St. Perth
Puppets Up! International Puppet Festival, Aug 7 & 8, 9:30 AM-6:30 PM. Puppet shows, street entertainment, craft tent, parade. Day pass \$15/adult, \$10/child (3-12). puppetsup.ca. Downtown Almonte

Theatre

Dark of the Moon, Jul 31, Aug 5, 6, 7 at 8 PM; Aug 1 at 2 PM. \$23; \$20 reserved (267-1884); students \$12. Cash only. Smiths Falls Station Theatre, 63 Victoria Ave.
The Unlikely Sainthood of Madeline McKay, Jul 29-Aug 1, Aug 5 & 6. \$15 from Neat, O'Brien Theatres, echo_echo_prod@hotmail.com, 433-3205. Neat Coffee Shop, Burnstown

The Voice of the Turtle, Aug 6-29, Wed-Sat 8 PM, Wed/Sat/Sun 2 PM. Classic Theatre Festival. 1-877-283-1283, www.classictheatre.ca, or Jo's Clothes in Perth. The Studio Theatre, 63 Gore St. E. Perth
Puppets Up! Cabaret, Aug 7, 8 PM. Adult content performances by visiting and local puppeteers. Tickets: \$25 at Baker Bob's (cash) & Mill Street Books (cash/credit). Almonte Old Town Hall, 14 Bridge St.
Free Acting Workshop, Aug 11, 2-4 PM. For youth 13 & up with some acting experience. By Salamander Theatre. Sign up at TYPs: 256-8485. Almonte Old Town Hall
Romeo & Juliet, Aug 11, 7 PM. Salamander Theatre's 70-min condensed version. \$10 adults, \$5 students and everyone else. Almonte Old Town Hall, 14 Bridge St.
PAMT presents Fame, Aug 19-21 (7 PM) & Aug 20 (10:30 AM) & Aug 27 (10:30 AM & 7 PM). Perth Academy of Musical Theatre. \$10 from 267-9610. Myriad Centre, 1 Sherbrooke St. Perth

Rough Magic, Aug 19-21, 26-28 (8 PM) & Aug 22 (2 PM). Smiths Falls Community Theatre www.smithsfallstheatre.com, 284-3815. The Station Theatre, 63 Victoria Ave. Smiths Falls
Spiritual Cinema Circle, Aug 29, 2 PM. \$2 donation. Info at fp@superaje.com. Myriad Centre, 1 Sherbrooke St. Perth

Music

Perth Citizens' Band Summer Concert, Aug 5 & 19, 7:30-9:30 PM. Free, bring a lawn chair. 257-8099. Stewart Park Bandstand, Perth
Kim Beggs w/Natalie Edelson, Aug 5, 8 PM. \$10 from Shadowfax. shakeyacres@hotmail.com. MERA Schoolhouse, McDonalds Corners
BIG*ACT, Aug 6, 8-11 PM. Local rock quartet. Players Sports Bar & Grill, 140 Lombard Street, Smiths Falls

Celtic Song Weekend, Aug 7 & 8. With Margaret Bennett, Scottish folklorist, musician & storyteller. 267-6391 or www.ecotay.com. Ecotay Education Centre, 942 Upper Scotch Line, Perth
Celtic Music, Aug 7, 5-9 PM. Stephen Mark Fisher performs Scottish, Irish & down East songs. Kilt & Castle Pub, Smiths Falls
Old Fashioned Country Dance, Aug 7, 7:30-10:30 PM. Adam Puddington, Kelly Prescott, Kelly Sloan, The Brothers Chaffey & Brian Murray. \$15 at Baker Bob's or 256-5181. North Lanark Agricultural Hall, Water St. Almonte
Manotick Brass Ensemble, Aug 8, 3 PM. Brass quintet. \$10 adults, children free. Bring chair/blanket. 269-4414. Merrickville United Church
Open Stage, Every Sunday, 5-8 PM. Each Performer has 15-30 mins performance. Lower Reach Park, Smiths Falls

AUGUST 2010

Friday

Saturday

Sunday

<p>Eco Pulse Conference, Pembroke Disney's High School Musical 2, Perth National Art Gallery Trip, from Almonte Mario Franco & Son, The Cove BIG*ACT, Players Sports Bar The Unlikely Sainthood of Madeline McKay, Burnstown Dark of the Moon, Smiths Falls The Voice of the Turtle, Perth Billy Armstrong, The Downstairs Pub</p>	<p>3-on-3 Basketball Festival, Almonte Puppets Up!, Almonte Old Thyme Country Fair, Carleton Place Celtic Song Weekend, Ecotay Open Mic, The Stone House The Voice of the Turtle, Perth Celtic Music, Kilt & Castle Pub Ben San Pedro, The Cove Old Fashioned Country Dance, Almonte Puppets Up! Cabaret, Almonte The Sunparlour Players, Neat Coffee Shop Dark of the Moon, Smiths Falls Karaoke, The Downstairs Pub</p>	<p>Puppets Up!, Almonte Jazz Brunch, Fiddleheads Valley Singles Lunch, Renfrew Celtic Song Weekend, Ecotay Music on the Patio, The Cove The Voice of the Turtle, Perth Vernissage, Almonte Manotick Brass Ensemble, Merrickville APEX Jazz Band, The Royal Oak Open Stage, Smiths Falls Sunday Sessions, Ballygiblin's</p>
<p>BioBlitz, Almonte Mario Franco & Son, The Cove The Night is Young, Almonte Jazz at the Swan, The Swan at Carp Live Music, The Stone House The Voice of the Turtle, Perth</p>	<p>Canoe the Clyde for Cancer, Lanark Carp Garlic Festival Pakenham Fair Perth Garlic Festival MUSICwestport, Westport Open Mic, The Stone House The Voice of the Turtle, Perth Emma Lee, Neat Coffee Shop Brock Zeman, The Downstairs Pub</p>	<p>Perth Garlic Festival Mill of Kintail "Free Day", Almonte Carp Garlic Festival Jazz Brunch, Fiddleheads Music on the Patio, The Cove The Voice of the Turtle, Perth Magnolia Rhythm Kings, The Royal Oak Open Stage, Smiths Falls Sunday Sessions, Ballygiblin's</p>
<p>Sun Bleached Skulls, Rob Roy's Pub Nelson Colt, Peppers Bar & Grill Mario Franco & Son, The Cove Live Sound and Flow Yoga, Arnprior Fame, Perth Brock Zeman, Neat Coffee Shop Rough Magic, Smiths Falls The Voice of the Turtle, Perth Billy Armstrong, The Downstairs Pub</p>	<p>Art Beat, Westport Corn Festival, Carleton Place LAWs Garage Sale, Smiths Falls North Lanark Highland Games, Almonte Open Mic, The Stone House The Voice of the Turtle, Perth Ben San Pedro, The Cove Fame, Perth Rough Magic, Smiths Falls Johnny Spinks & Kool Water, The Downstairs Pub</p>	<p>Art Beat, Westport Jazz Brunch, Fiddleheads Music on the Patio, The Cove Rough Magic, Smiths Falls The Voice of the Turtle, Perth Night in Vienna Concert, Arnprior APEX Jazz Band, The Royal Oak Open Stage, Smiths Falls Sunday Sessions, Ballygiblin's</p>
<p>Rideau Valley Art Festival, Westport Breakfast With Soul, Almonte Rock n Roll is Here to Stay, Perth Fiddling at the Fairgrounds, Middleville Mario Franco & Son, The Cove Jazz at the Swan, The Swan at Carp Live Music, The Stone House The Voice of the Turtle, Perth Rough Magic, Smiths Falls</p>	<p>Rail Fest, Smiths Falls Rideau Valley Art Festival, Westport Merrickville Antique Show & Sale Art Show & Sale, Westport Merrickville Artisan's Show Open Mic, The Stone House The Voice of the Turtle, Perth Fresh Air Festival, Middleville Ben San Pedro, The Cove Rough Magic, Smiths Falls Shotgun Kiss, The Downstairs</p>	<p>Rail Fest, Smiths Falls Rideau Valley Art Festival, Westport Merrickville Antique Show & Sale Merrickville Artisan's Show Jazz Brunch, Fiddleheads Art Show & Sale, Westport Music on the Patio, The Cove The Laws (Concert), Ecotay The Voice of the Turtle, Perth Spiritual Cinema Circle, Perth Soprano Molly Luhta, Arnprior Magnolia Rhythm Kings, The Royal Oak Open Stage, Smiths Falls Sunday Sessions, Ballygiblin's</p>
<p>Artemisia Gallery presents a Staff Spotlight 'til August 6, 273-8775 Baker Bob's Gallery presents "Adrianna Art" by Adrianna Card fieldwork presents land art exploration <fieldwork.blogsome.com> Gallery on Main presents paintings by Sharon Fox Cranston & Guy Cranston <www.galleryonmain.ca> Gallery Perth presents "A Moment in Art" with local and regional artists <www.galleryperth.com> North of 44 Photo & Art Gallery (Almonte) presents paintings by Kevin Dodds <northof44studios@sympatico.ca> Heritage House Museum presents "Hats Off to You" <smithsfalls.ca/heritagehouse> MVTM presents 20 years of work by the Almonte Crazy Quilters <www.textilemuseum.mississippimills.com > Philip K. Wood Gallery (Almonte) presents photographs & paintings by John T. Fowler & Deborah Zdriluk Tay River Gallery (Perth) presents a Summer Mix Group Show. Spotlight: Paulette Marie Sauve. < www.tayrivergallery.com > Almonte Library Corridor Gallery presents Wayne Williams, acrylic & mixed media; The Mississippi Mills Chamber Gallery presents Deborah Saulnier, oils</p>		

The Night is Young, Aug 13, 7PM-11PM. Arden Trio Concert (\$20 at the door), then arty street party with youth buskers. www.thenightisyoung.ca. Almonte Old Town Hall & Mill St.
MUSICwestport, Aug 14, noon-12AM. 3 outdoor stages, 9 bands playing throughout the day, starting with kids' show. 8PM indoor concert at The Cove. Westport
Sun Bleached Skulls, Aug 20. An eclectic mix of cool covers & tasty originals. Rob Roy's Pub, Smiths Falls
Nelson Colt, Aug 20. Country music recording artist. www.nelsoncolt.com. Peppers Bar & Grill, Smiths Falls
Night in Vienna Concert, Aug 22, 3PM. Ottawa Valley Music Festival. Tickets at door or 623-3079, www.valleyfestival.ca. St. John Chrysostom Church, Arnprior
Fiddling at the Fairgrounds, Aug 27, 3-11PM. Open-mic in afternoon, licensed fiddling concert in the evening. Afternoon

(3-6PM) \$5; evg/all day \$20. www.artofbeinggreen.ca. Middleville Fairgrounds
The Laws (Concert), Aug 29, 2PM. Country, bluegrass, folk, pop. \$15, reserve at 267-6391 or michaelglover@ecotay.com. Ecotay Education Centre, 942 Upper Scotch Line, Perth
Soprano Molly Luhta, Aug 29, 3PM. A classical voice concert with works by Bizet, Strauss, Puccini & more. Info: luhtavs@yahoo.ca, 623-1180. Grace St. Andrew's United Church, Arnprior
Jazz at the Swan (The Swan at Carp, Fall-down Lane Carp, 839-7926) 7-10PM. Aug 14, 28
The Downstairs Pub at JR's (385 Ottawa St., Almonte, 256-2031)
 Aug 6 Open Stage w/Billy Armstrong, 8PM, no cover
 Aug 7 Karaoke, 9PM, \$2
 Aug 14 Brock Zeman, 9PM, \$5
 Aug 20 Open Stage w/Billy Armstrong, 8PM, no cover

Aug 21 Johnny Spinks & Kool Water, 9PM, \$5
 Aug 28 Shotgun Kiss, 9PM, \$5
Fiddleheads (Code's Mill, Perth, 267-1304), Live Jazz with Clay Young & guests Saturdays (12-3PM).
The Royal Oak (329 March Rd. Kanata, 591-3895): jazz on Sundays (3-6PM), no cover. Aug 1, 15, 29 Magnolia Rhythm Kings
 Aug 8, 22 APEX Jazz Band
The Stone House Bar & Grill (3740 Carp Rd., Carp, 839-1091), live music Fridays (7-11PM); semi-acoustic jam Saturdays (3:30-8:30PM).
The Cove (2 Bedford St., Westport, 273-3636): karaoke Tuesdays (8-11PM), jazz Thursdays w/Spencer Evans Trio (9-11PM), Cuban guitarist Mario Franco & Son Fridays 6-9PM, Saturday Soirees w/Terry Cowan & Ben San Pedro 6-10PM, music on the patio Sundays, 1-4PM
 Aug 1 Spoon River, 8PM
 Aug 14 MUSICVestport, noon

The Barley Mow (79 Little Bridge St., Almonte, 256-5669): Terry Tufts Thursdays (8-11PM).
Ballygiblin's Restaurant & Pub (151 Bridge Street, Carleton Place, 253-7400): CP Celtic Jam Wednesdays (8-10PM), all ages/levels (davidh@rogers.com), no cover; Peter Brown, Roger Plant & Friends Sundays (7-10PM)
Heirloom Café/Bistro (7 Mill St., Almonte, 256-9653): Live Music every other Wednesday (8-11PM). No cover. Aug 11 George Birchall & The Brothers Chaffey
 Aug 25 Miss Emily Brown & Prescott
Neat Coffee Shop (1715 Calabogie Rd., Burnstown, 433-3205)
 Aug 7 Sunparlour Players, \$20, 8PM
 Aug 14 Emma Lee, \$15, 8PM
 Aug 18 Jeff Martin, \$70, 8PM
 Aug 20 Brock Zeman, \$10, 8PM

Community

Green Drinks, Aug 3, 5:30-7:30PM. People in the environmental field meet for drinks, monthly. www.greendrinks.org. The Crown Pub, Perth 267-4500
Eco Pulse Youth Conference, Aug 6-8. Inspiration through music. \$50 each, \$25 for each add'l family member. www.ecopulse.org. 732-9925. Pembroke
Naismith 3-on-3 Basketball Festival, Aug 7. Elementary, high school, men's, women's teams. Info: naismith3on3@gmail.com, 256-0492. Bridge St. Almonte
Old Thyme Country Fair, Aug 7, 10AM-10PM. Exhibits, fashion show, country church supper, dance. Hosted by Zion Memorial United Church. 257-4903. Memorial Park, Carleton Place
Valley Singles Lunch, Aug 8, 12:30PM-2:30PM. Singles lunch, all welcome. To register, call 256-8117 or 432-7622. The Flamingo Restaurant Renfrew
Mayan Code Study Group, Aug 9, 8:30-10:30AM. www.lillywhite.ca. WhiteLight Retreat, 237 Christian St. Almonte 256-0216
Women's Business Group, Aug 10, 7:30AM-8:30AM. www.wbgroup.ca. Buster's Bar and Grill, 515 McNeely Dr. CP
Interpretive Heritage Canoe Tours, Aug 11 & 25. 269-3415 or shamill@ripnet.com, www.ridearoundtable.ca. Centennial Park, Smiths Falls
 Hollow Tree Yoga presents **YogaPunx**, Aug 12, 7PM (high energy yoga with punk rock playlist, drop in \$16); **Live Sound and Flow**, Aug 20, 7PM (flowing yoga to live sounds of Errol Starr Francis, drop in \$25). hollowtreeyoga.com, 296-4013. 158 John St. N. Arnprior
BioBlitz, Aug 13. Volunteers count plant & animal species on a property near Almonte. 267-4200x3194 or BioBlitz-intern@gmail.com.
Canoe the Clyde for Cancer, Aug 14. Entertainment, BBQ. Info 267-1058 or riversedgeband@aol.com. Sponsored by Lanark Civitan Club. Lanark Village
Carp Garlic Festival, Aug 14 (8AM-3PM) and 15 (10AM-3PM), Carp Fairgrounds, Carp
Pakenham Fair, Aug 14, 9AM-4PM. 7AM breakfast. \$3 entry. 256-1077. Stewart Community Centre 112 Macfarlane St
Perth Garlic Festival, Aug 14 (9-5) and 15 (9-4). \$5 entry (free for under 12). www.perthgarlicfestival.com or 1-877-268-2833. Perth Fairgrounds
Mill of Kintail "Free Day", Aug 15, 10AM-4:30PM. Guided hikes, stream studies, museum tours & BBQ. 256-3610. 2854 Concession 8, Almonte
Corn Festival, Aug 21, 8AM-12PM. CP Farmers Market, 7 Beckwith Street, CP
LAWs Garage Sale, Aug 21, 9AM-12PM. Proceeds to animals. www.lanarkanimals.ca, 283-9308. LAWs Shelter, Glenview Road, off Hwy 43 near Smiths Falls
North Lanark Highland Games, Aug 21, 9AM-8PM. Pipe bands, highland dancers, heavyweight athletics, mini games. www.almontehighlandgames.com. Almonte Fairgrounds, Water St.
Breakfast With Soul, Aug 27, 7:30-9:30AM. www.lillywhite.ca. Register at 256-0216. White Light Retreat, Almonte
Fresh Air Festival, Aug 28, 3-11PM. Eco-friendly vendors, music, children's programs & 100-Mile Lunch! Ages 13+ \$25, 6-12 \$15, under 6 \$5. www.artofbeinggreen.ca, 1-877-264-9979. Middleville Fairgrounds
Rail Fest, Aug 28-29. Opens 10AM. Model displays, vendor kiosks, music, tours. Sat night movies. 283-5696 or www.sfrmeo.ca. Railway Museum, Smiths Falls
Merrickville Antique Show & Sale, Aug 28 & 29, 10AM-5PM. Info: 850-5446 or www.antique-shows.ca. Merrickville Community Centre

Willow and Thorn



Janice Aiken

Classes Workshops Tarot

www.willowandthorn.ca 613-256-6243

Mike Doyle



Accounting for
Small & Large Business
Income Tax Services

(613) 256-9987
mike@[mdoyle.ca](http://www.mdoyle.ca)

PERTH
PICTURE
FRAMING &
Gallery
PERTH



16 Wilson Street West 613 264 8338 www.galleryperth.com

Need Additional Income?
Learn to operate a Mini-Office Outlet working from your home computer! Find personal and financial freedom.
Free assessment and free training.
Julia McNeill, Program Guide, www.lovewhatyoudo2.com

Seeking Land
Modern Mystics and Artists of modest means seeking land to call home and to develop into retreat centre. 2+ acres, inspiring landscape, ideally with small 4 season cabin on it, but with room to add 3 more cabins. Year 'round access, within an hour of Ottawa. Budget: <100 K.
modmyst@gmail.com, 613-234-3893

Valley Natural Health Centre

Safe
Natural
Effective



Acupuncture
(traditional Chinese)
Massage Therapy
Nutrition and
Cleansing
Programs

613-253-3456
19 Victoria St Carleton Place

Re-Treaded, Not Retired

The Reeve Report

A friend retired a few weeks ago. He intended to stick it out until the end of the year. He had the days counted out, and reported regularly how many were left. However, when circumstances changed at work, he sliced his count-down considerably, and decided to enjoy a full summer instead of one in

by Glenda Jones

which the morning commute would be his only taste of sunshine. The day he announced a great reduction in working days, he was fairly beaming, and we could tell he thought freedom was only moments away.

My friend is still in the honeymoon period of his retirement. He has a new four-wheeler that he tells us is for labour-intensive use, but we see him wheeling around making projects just so he can drive it. He wants us to think he is really busy mowing acres of lawn, but we know he really enjoys the hours he spends on that mower: no dogs, no demands, just fields of green, looking well-groomed and lovely.

It is imperative that the wife of a newly retired husband prepare herself for the hours of togetherness that retirement brings. It is her duty to prepare a long "Honey do" list so her pensioner will not be idle for any length of time, lest he begin to think he should return to work, or worse, start to "help" with her daily tasks.

There is a solution for idleness just lurking in the wings. It only takes a nod in the direction of volunteer associations to instigate a flurry of interest in a newly retired person. Those of us who are many years retired are only too happy to recruit neophytes to the myriad ways

in which time can be spent not relaxing, not working on your boat, not reading the latest novel. Come on, you retired people with skills left latent; the rest of us need you!

I salute all of you who have taken the plunge this summer and retired. I trust you will have many years of satisfying activity that will enrich your lives and those of others. You are embarking on a new adventure — embrace the novelty of controlling your destiny and go for all those dreams you want to pursue.

Here's a poem I wrote for my friend. It's for every one of you who thought your life was a job, and now your job is your life!

Note from the Reeve: Last year at the Young Awards, I was the lucky winner of a poetry session with Danielle Gregoire, Almonte's foremost poet. Danielle and I have tentatively scheduled some time in September to have a go at this, and I can bring six friends with me. Every time I ask someone I get the same horrified response: "Yikes, I can't do that!" Well, I can, and I want a few others who will come along too. "It'll be fun!" I can't imagine there are not a few others who want to give this a whirl. We could become famous; we could go to the poetry slam, we could write a book. Come on, people, let's just DO IT. Call me! 256-6479.

I'm Retired at Last

Now that I'm retired I'm going to wear jeans
With suspenders and a belt just in case.
I'll spend my pension money on candy and
plaid second hand shirts
And tell my wife we have no money for dog food.
I'll sit on park benches and ask strangers for
the correct time, and then laugh
for I don't have to punch a clock ever again.

I'll call my workmates and invite them for lunch,
overstay the hour, and make them pay,
because I'm on a pension, and have no money.

I'll drive my lawn tractor as if it's a race car,
whizzing over the fields and pretending
I'm on the highway going to work.
I'll take two hour coffee breaks
and make my own work schedule.

I'll turn every day into a holiday, stay up late
and watch old movies on TV.
We'll take vacations mid-week, and line up for
the senior discounts wherever we can.
I'll write my MP about tax increases and whine about
the price of gas, because I'm a pensioner now.

I don't have to answer to anyone, I don't have to
dress for success, I just have to enjoy
being retired!
(Yes, dear, I'm coming!)

Curiosities
Antiques & Collectibles

Old tools, textiles, cameras,
books, military memorabilia,
china, glass and more!

50% off
woodworking
planes
in August



30 Mill St., Almonte
256-7943
www.curiosities.ca

OTTAWA valley
MUSIC FESTIVAL

SUNDAY, AUGUST 22@3:00

Night in Vienna

Music of love and the Viennese operetta tradition

ST. JOHN CHRYSOSTOM CHURCH HALL
295 ALBERT ST, ARNPRIOR

Tickets at the door or call: Louise Mulvihill 613 623-3079
info@valleyfestival.ca www.valleyfestival.ca

CARLETON PLACE BIA



Business In Action



Bonnie McBain

Frustrated by finding “styles that only suited teens or great-grandmas”, Bonnie McBain decided to open her own women’s clothing store in 1996. Over a decade later, **Bonnie and Company** still offers a wonderful mix of new fashions with a contemporary edge — built for real bodies! Check out new Fall/Winter stock by Joseph Ribkoff, Mondo, Eric Alexandre and Ingenuity (many of which are Canadian-made) in a comfortable and relaxed setting with a personal touch. They are open Mon.–Sat. from 9:30–5 and Thursdays until 6:30, or by appointment.



114 Beckwith Street • 613-257-8345

Mary Ann Harrison and her husband Bob enjoyed making wine at the **Carleton Place Winery** so much that when the business came up for sale four years ago, they decided to buy it themselves! Since then they have enjoyed helping others make their own whites, reds, rosés and specialty wines. They sell equipment, beer and wine kits, and are also happy to help customers create their own wine on site — complete with custom labels! It’s not too early to start working on this year’s Christmas vintage, so visit them from 9–6 Mon–Thur, 9–8 on Friday,



Mary Ann Harrison



or 9–5 on Saturday.

20 Lake Avenue E. • 613-253-1007



Jessica Locke, Petra Graber & Chantelle Strike

Since their humble start selling sweet and savoury baked goods at the Carleton Place and Perth farmers’ markets 15 years ago, **The Good Food Co.** has been emphasizing the fresh tastes of local produce while still incorporating international influences in their seasonal menus. Delicious from-scratch soups and desserts and an exceptional breakfast menu have been enticing loyal customers to the café since 1997. Open Tues.–Thurs. from 8–4, Fri. from 8AM–10PM, and Sat. & Sun. from 9–4.



The Good Food Co.
31 Bridge Street • 613-257-7284

Thanks to Yvonne Kilpatrick and her staff at **The Blossom Shop**, beautiful things have been blooming on Bridge Street for almost 30 years. From fresh cut flowers and house plants to vases, baskets and plant accessories, you’ll find all things floral — just in time for any occasion! Open seven days a week, they offer daily local delivery (except Sundays), FTD and Teleflora, and online ordering 24 hours a day.



167 Bridge Street
613-257-1855
www.blossomshop.ca



Yvonne Kilpatrick

There’s so much to do downtown!
For a complete listing of Downtown Carleton Place businesses, please visit:

www.downtowncarletonplace.com

For more information contact: cmcormond@carletonplace.ca or 613-257-8049

Humm Bits:

Olde Thyme Fair in Carleton Place

On Saturday, August 7, Zion-Memorial United Church will hold an “Olde Thyme Fair” at 37 Franklin Street in Carleton Place, in front of the church and on the grounds of Memorial Park. Organizers are asking that all entries for the “Pie and Preserve / Jam Contest” be available for set-up by 9:30AM to whet the tasters’ appetites. The contest will officially begin at 11AM, when judges will then have approximately 1½ hours to savour the flavours presented and make their decisions — all will remain on display for the remainder of the fair. The Fair itself officially begins at 10AM with various vendors and display booths.

At 1PM, consignment stores will present their “What You Will Find In Our Stores” Fashion Show, with an opportunity to purchase the fashions presented. Other items will be available for purchase during the day, so do drop by and take a look! Then, at 4:30PM, the church doors will open for a lovely church supper — tickets will be available at the door (\$12, \$6 for children ten and under, and no charge for children five and under). Anyone wishing to purchase “Our Country Church Supper” tickets beforehand can contact Allison at 257-4903 or Linda at 253-0975.

The day will end with “Our Olde Thyme Street Dance” (7PM to 10PM) — a lovely evening of music and dancing to carry you home with beautiful memories of the day. Hope to see you there!

Kids Rock at MERA

Register now for MERA’s *Dinosaur Rock Play Summer Camp*, August 16 to 20 at the Schoolhouse in McDonalds Corners. Kids create a play within the week, culminating with a performance. The camp runs from 10AM to 3PM daily, and is suitable for Grades 1 to 8. Cost is \$160 for MERA members or \$170 for non-members. Contact MERA at <meraschoolhouse@bell.net> or 278-0220.

Sheesham & Lotus at Sounds of Downtown

On Saturday, September 11, Arts Carleton Place will present their 5th annual arts fundraiser, Sounds of Downtown. The featured headliners at the Town Hall will be Sheesham and Lotus. For old ragtime, mountain, high steppin’ music, don’t miss this colourful pair of performers. Take a step back in time while you watch them perform traditional minstrel tunes, the flatfoot buck-dance, and the hambone hand-jive, as they play jaw-harp, fretless and gourd banjos, harmonica, fiddle and banjo.

Sounds of Downtown passports can be purchased at The Train Station Information Centre & Gallery at 132 Coleman Street (cash or cheque only please). The \$25 passport is for all venues and the \$15 passport is for all venues minus the Town Hall concert.

Sounds of Downtown will again have performers, musicians, singers and buskers along Bridge Street. The BIA, as co-presenter for the third year, has been very supportive to ensure that the businesses and merchants are on-board for the fundraiser. Monies raised go toward the Express Yourself Fund, an annual programme for public school children to experience the arts, with Arts CP artists as the workshop instructors. Arts Carleton Place also provides an annual award to a deserving high school arts graduate. Get more information at <www.artscarletonplace.com>.

Passports sell out quickly, so get your gang together and support the arts. See you on September 11!

Eco Pulse Youth Conference

With a focus on environmental issues, social justice, and cultural awareness, Eco Pulse invites youth to experience an action-packed weekend of global awareness. Eco Pulse is a Pembroke-based “youth for the environment” organization that hosts an annual conference welcoming youth from all over Ontario. This year’s conference is called **Inspiration through Music**, and will take place from August 6 to 8 at the Marguerite Centre in Pembroke. Students over the age of 13 are invited to participate, although organizers are willing to make some age exceptions. The cost is \$50 per person and \$25 for each additional family member.

This year, workshops and presentations will revolve around music and the environment. Conference highlights include a drum circle workshop with Jean Brereton, a presentation by the Polaris Institute (whose mandate is to enable citizen movements to re-skill and re-tool themselves to fight for democratic social change in an age of corporate driven globalization), and the musical talents of Barney McCaffrey.

To register, email <info@ecopulse.org> or call Bridget or Amber at 732-9925 by Thursday, August 5 if possible. For more information and conference updates, visit <www.ecopulse.org>.

Yoga – A Deepening Journey

Yoga is a journey towards a healthier physical, emotional and spiritual you. For Tomasz Poplawski and Tamara Reasin, the journey has taken them around the world and back to Carleton Place! Little did they know when they returned from Mysore, South India to Ottawa in April 2009 that they would soon be offering a full range of yoga classes as well as the Valley's first Yoga Alliance accredited Teacher Training Program in a beautifully renovated historic building in the heart of Carleton Place.

The Yoga Station offers a variety of styles to accommodate all skill levels and age groups. Everyone experiences success in their practice, because instruction is offered on an individual basis within a class setting. Whether you are taking a beginner class, a gentle restorative class, an invigorating Hatha class or an intriguing



Yoga Station owners Tamara Reasin and Tomasz Poplawski invite you to deepen your journey into yoga through classes, an accredited Teacher Training Program, or a two-week trip to India!

and challenging Ashtanga class, you are in good hands as all teachers are certified and accredited through The Yoga Alliance Association. The Yoga Alliance is a not-for-profit body governing instructor accreditation and international school certification and recognition.

Teacher Training Program

Tamara and Tomasz are pleased to offer their first Yoga Teacher Training Program, beginning on August 27. A Yoga Alliance-recognized diploma will be awarded to students completing this training. Whether you want to delve deeper into yoga philosophy, improve your understand-

ing of anatomy and its relevance to yoga practice, or are looking forward to teaching yourself, this program has something to offer you.

For Tamara and Tomasz, yoga doesn't start or stop on the mat — it is a lifestyle that includes healthier food and eating habits, a balanced approach to work and play, and a fun equilibrium between art and utility. They studied Ayurveda, India's ancient science of medicine and nutrition, which forms the basis of yoga lifestyle and diet in Mysore, India, where they lived for a number of years. The upcoming teacher training will also include a look at cleansing and diet from a yoga perspective.

A Passage to India

Due to Tamara and Tomasz' deep connection to the East, and India in particular from their five years of living there, they share a desire to introduce others to the mystery that is India. In January of 2010 Tomasz took the first small group to Mysore, the hub of yoga. Because the trip was an unqualified success in the opinion of the travellers, Tamara and Tomasz are planning to take a second small group in January of 2011. This trip will include the opportunity to study with an Indian master, excursions to several sacred temples in South India, Ayurvedic spas and massages, participating in an ancient cleansing festival, meeting and spending time with remarkable locals, shopping, and indulging in the Maharaja's favourite pastime — feasting! All this for under \$3,100 including airfare. In India there is a saying



that one doesn't have to travel far to find happiness and bliss... but it sure is fun!

When you come to the Yoga Station, don't be surprised to find a friend on the mat next to you, as many people have already boarded the yoga train. If you are inclined to journey inwards and find out more about yoga and yourself, the teacher training program may be for you. If you feel that going to the source is dear to your heart, perhaps the trip to Mysore next January may be for you. If, on the other hand, you have no particular destination in mind... why not board the yoga train and see where it takes you? Tamara and Tomasz look forward to providing you with further information about classes, teacher training or the upcoming Mysore adventure. For further information you can also check out <www.yogartmatrix.com> or call 253-YOGA (9642).



Participants on last year's Yoga Station trip to Mysore, India posed with members of a local dance troupe and a copy of *theHumm!*



Join us at the largest
Garlic Festival
 in Eastern Ontario

The most garlic growers
 The most garlic varieties
All Locally Grown

Sat., August 14, 8 to 3
Sun., August 15, 10 to 3
Carp Fairgrounds

Carp Farmers' Market
 Saturdays 8AM-1PM
 until October 30, 2010

Kellys' Success

Tip of the Month: *Build your spectacular home at 107 Thymes Drive 3.58 acres, \$79,900*

Now that your gardens are in full bloom, be sure to take pictures. If you want to start planning next summer's landscaping over the winter, your pictures will come in handy. If you decide to sell next spring, your pictures will be a tremendous help in showing off your property. Landscaped property averages a 7% higher return on the dollar over the average return on other popular renovations. Waterfront property owners should also take pictures of their shoreline at this time of year. Selling waterfront property in the winter and early spring can be a challenge if buyers are unsure of the depth and quality of the water at the shoreline. If you have questions about preparing your property for a future return on your investment, give us a call or send an email. We are always happy to help!



Jennifer Kelly
SALES REPRESENTATIVE



Sutton
Premier Realty (2008), Ltd.,
Brokerage



Patrick Kelly
SALES REPRESENTATIVE

(613)254-6580

www.kellysuccess.com



A Tribute to Dr. Naismith

Just in time for the 3 on 3 Basketball Festival and the impending arrival of the Naismith statue, a local woodworker is unveiling his own tribute to Dr. James Naismith. Art Horton, a life-long resident of Almonte now retired from his professional career in Washington D.C., has crafted his version of "Duck on a Rock", the childhood game that inspired Naismith to invent the game of basketball. The wooden piece (pictured above) was turned and hollowed to resemble a basketball, and the exterior is carved with eight symmetrical panels representing eight decades of the Doctor's life.

Mr. Horton has long been inspired by the exemplary work and life achievements of Dr. Naismith. During Horton's many years in the U.S., he would often hear references to the game of basketball having been invented by an American, and he took pleasure in explaining the history of Naismith and his connection to Almonte. "Earlier this year I was thrilled to read that U.S. sculptor and professor Elden Tefft had initiated a project to sculpt identical bronze statues showing Naismith seated on a bench with a ball and two peach baskets," explains Horton. "One statue is to be installed in Almonte, a second at Springfield, Mass., and a third at the University of Kansas. The Almonte statue is to arrive this year, with the formal unveiling planned for 2011 to commemorate the 150th anniversary of Naismith's birth." More information about the Naismith sculpture and this year's 3 on 3 Basketball Festival can be found at <www.naismithmuseum.com>.

As Mr. Horton and his wife are avid woodworkers, they thought it would be challenging to create "a whimsical yet poignant piece to commemorate Dr. Naismith's life". The piece will be on display in the window of **Keepsakes** at 102 Mill Street in Almonte during August, and if you'd like more information about the project the Hortons invite you to contact them at their home studio by calling 256-1635. Each year at A & J Woodworks, they produce about two hundred pieces including furniture, wood sculptures, and turnings. Their goal is to develop a visual style that stamps their work with individuality, though they seek inspiration from travels around the world. Their one-of-a-kind pieces, created from mostly local hardwoods, range from practical and functional to artistic and even whimsical.

Country Classics by Talented Locals!

Local beauties Adam Puddington, Kelly Prescott and Kelly Sloan join Ottawa's blues-rock big boys, the Brothers Chaffey and one of the East Coast's most versatile musicians, Brian Murray, in a night of old-time country classics. This group of musicians is celebrating the old-time charm of a summer night in Almonte, performing their favourite hits by Patsy Cline, Hank Williams, Loretta Lynn and more.

The Agricultural Hall at the old Fairgrounds, built in 1869, will provide a nostalgic venue — the perfect place for swinging your partner around in the soft glow of the summer evening. This group of friends, all professional musicians in their own right, look forward to coming together to play one of their favorite styles.

Kelly Prescott has been touring as none other than Emmylou Harris in the highly acclaimed musical production

Grievous Angel, based on the life and times of Gram Parsons. A powerful and talented singer, she has sung on numerous recordings and has released an album of original material with her brother, Kaylen Prescott.

Soon to be joining the Prescott family (congratulations, Adam and Kelly!) is **Adam Puddington**, a local singer-songwriter who requires little introduction in this neck of the woods. He has recorded three albums, the latest of which was nominated for Ottawa's "Golden Cherry Award" for Best Album.

This fusion of talent can perhaps be traced back to an auspicious meeting between Puddington and the Murray brothers of Dartmouth, NS — former members of renowned alt-country sweethearts, The Guthries. Since his days behind the drum kit touring North America and Europe, **Brian Murray** has been busy playing drums, bass, guitar, banjo, mandolin and anything else that's placed in his hands, as well as engineering and producing a number of East Coast acts at his own DarkSide Studios. His latest project is recording **Kelly Sloan's** upcoming sophomore project, to be released this October. Sloan is another performer who is putting Almonte on the map, as her current



Kelly Sloan (above) joins The Brothers Chaffey (below left), Kelly Prescott, Adam Puddington and Brian Murray for an **Old Fashioned Country Dance** on August 7 in Almonte

East Coast home learns about the rich enclave of talent that ebbs from the Ottawa Valley. Since the release of her first album last year, she has been showcasing at the East Coast Music Awards and collaborating with some of the Maritimes' best known folk, country, soul and rock acts. Her favorite collaborative buddies, however, are Ottawa Bluesfest sensations the **Brothers Chaffey**. This duo shares chromosomes and presumably a former life as old-soul country rockers from the Deep South or Detroit, as you'll find out when their high energy act commands your feet to move.

Tickets are a steal at \$15 and are available at Baker Bob's in Almonte or by calling 256-5181. The dance will take place Saturday, August 7, at 7:30PM. Space is limited and is expected to sell out. The musicians ask that you wear your prettiest summer dress or your best country digs and get your dancing shoes ready for the show of the summer!



Silent Valley Alpaca
PRESENTS 2010
Natural Fibre Festival
Celebrating Natural Fibres

Get inspired, bring the family and join the fun at picturesque Silent Valley Alpaca Ranch in the scenic wilderness of North Frontenac

Workshops • Demonstrations • Ranch Tours • Information Sessions • Ranch Store
September 4 & 5 • 10am - 4pm • 1120 Donaldson Rd., Ompah, ON
www.silentvalleyalpaca.ca • 613-479-0307

Look and feel 5-15 years younger!

Facial Rejuvenation Acupuncture
(Non-Surgical Face Lift) with Dr. Michaela Cadeau

Based on ancient principles of Chinese medicine, Cosmetic Acupuncture reduces the signs of aging by revitalizing the skin. This safe and non-surgical procedure increases circulation and stimulates collagen production, rejuvenating facial tissue. This gives the skin more tightness and elasticity, and helps to reduce sagging or puffy skin and wrinkles. There is no risk involved with this procedure, no downtime from work, and no side effects.

Call by August 31 for your free consultation.

Reduce Double Chin • Eliminate Puffy Eyes
Tighten Pores • Eliminate Fine Lines
Raise Drooping Eyelids • Reduce Frown Lines

Bring out your inner beauty

Hands on Healing
125 Bridge Street, Almonte, 613-256-0222
handsonhealing@on.aibn.com

TYPS Events

Shakespeare and Pop Art are on the Menu!

When Eleanor Crowder of Ottawa's Salamander Theatre contacted the TYPS youth centre in Almonte, she offered "the most Shakespearean Shakespeare you'll ever see, real Shakespeare for real people, stunning direction, delicate music, compelling actors and a love story for all time," alongside a workshop on using Shakespeare's text as an actor's manual for youth or adults that have done some acting in the past.

TYPS agreed with Eleanor: what better way to spend a summer's night? Did we mention the swordplay?

Come on out on August 11! Bring your passion for acting, a pen and paper, and something to quench your thirst, and take part in a free **Acting Workshop** at the Almonte Old Town Hall from 2 to 4PM. The workshop's focus is on using Shakespeare's text as an acting manual, and is for youth aged 13 and up, with some acting experience. Participation is on a first come, first served basis, and youth can sign up by calling TYPS in Almonte at 256-8485. Later that evening, enjoy Salamander Theatre's performance of William Shakespeare's *Romeo & Juliet* in a seventy minute condensed version. All the love story, all the sword fights, all the comedy... The show starts at 7PM in Almonte's Old Town Hall. It's \$10 for adults and \$5 for students and everyone else. This project is made possible in part by the Youth Training Program of Theatre Ontario, funded by the Ontario Arts Council.

If visual art is more your style, on August 6 TYPS invites all youth, adults, and seniors of Mississippi Mills to a **National Art Gallery Trip**. The trip will leave at 11AM and return at 5PM, and includes a tour of the permanent collection and the Pop Life exhibit. The cost is \$19 for seniors and adults, and it is free for youth. For more information, please contact TYPS at 256-8485 or The Mills Community Support Corporation at 256-4700.

InFest Celebrates 10th Anniversary

InFest, held in McDonalds Corners for the past ten years on private property, invites you to come and join in the celebration this Labour Day Weekend. What began about twenty years ago as a gathering has grown in numbers to the point that it has moved to a larger site. After a few years, in order to let the land breathe again, organizers decided it was time to start fresh, with a new approach which includes live music. Some of the bands and musicians who have performed at InFest over the years include Ian Tamblyn, Peggy White, Linda Grenier,

The Ragged Flowers, Mumbo Jumbo Voodoo Combo, Tony D, and Al Miller.

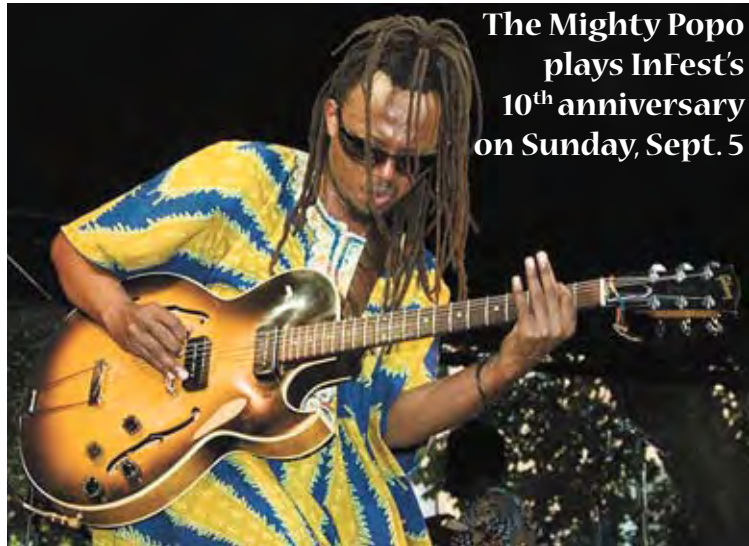
Campers enjoy a laid-back family weekend, getting re-acquainted or making new friends, sitting around the main area and fire pit, exploring the trails and sights in the forested part of the land, and enjoying all the music, whether made by professionals or around the fire at night after the bands have wrapped up.

Saturday night usually includes a high-energy dance band — this year it is the popular Ottawa band Rude Boy playing ska and reggae with frontman Steve

Berndt on trombone. On Sunday afternoon, during the communal Sunday Brunch, InFest is truly fortunate to bring The Mighty Popo to the party. He will come with his trio, rather than his larger band, playing well known songs about African culture as well as some blues and other styles.

The admission for one concert is \$20, or you can see both bands for \$35. The atmosphere is relaxed and delightful, so why not pay the weekend fee to camp out and get to know people better? CDs and t-shirts will also be available. This event is not for profit, and this is the first year that InFest has slightly raised the admission, and also the first time they are making a public invitation.

InFest is held at 6378 McDonalds Corners, Hwy 7, approximately halfway between the villages of McDonalds Corners and Elphin. For all costs and fees, and for directions to the site, contact Laura Malcolm at 278-0208 or <laur_mal@hotmail.com>, or Gina at 278-2688. For more information about the bands, please visit <www.mightypopo.ca> or <www.myspace.com/rudeboy-canada>.



It's All About COMMUNITY

For the 'downsizers' amongst us...

Hyde Park Canada is actively building a strong legacy of village-based communities in the retirement housing market with new sites, apartments, suites, and even hassle-free income-property opportunities with steady, monthly returns. So... what's *not* to love?

Visit us at www.hydeparkrichmond.com and click on the category of your choice.

Hyde Park Jamieson Mills, Almonte

Thirty 1-, 2-, and 2-bedroom-with-a-den units, underground parking, starting at \$168,500. Call Karina Witten at 613-686-1222, extension 113.

Hyde Park Richmond

Thirty-five 1- and 2-bedroom apartments, starting at \$145,500 and retirement suites starting at \$161,500. Call Grace Geertsema at 613-686-1222, extension 105.

Income Property

Buy a *fraction of* or a *whole suite*. We look after the tenant search, maintenance AND taxes. Call Ken Lantier at 613-686-1222, extension 107.

Photo by Sarah Edmondson



Knitting Hats, Warming Hearts

The owner of Janie H. Knits, the yarn shop just outside of Perth, is at it again. Always looking for ways to help others, and not known to sit idle for long, Janie Hickman is enlisting anyone able and interested to knit warm helmet liners for our Canadian soldiers overseas. "My goal is to have 1,000 helmet liners knitted and donated in time to be included in Christmas boxes to be sent to the soldiers for Christmas 2010," says Janie. "Based on the interest from my customers alone, we are well on our way. When word gets out, we'll reach that number in no time. People are really amazing — they want to help."

Knitting helmet liners as a project has been gaining momentum among knitting enthusiasts and charity knitters, as people look for new ways to send tactile messages of love and support to men and women stationed overseas. Canadian soldiers stationed in Afghanistan withstand extreme conditions including frigid night temperatures. The balaclava-type hats provide a measure of comfort and warmth that is not offered by military-issued gear.

The helmet liners are knitted from 100% wool in dark colours of grey, black or taupe. The wool yarn has been provided by several of Janie's suppliers at a reduced cost, and Janie is providing the pattern at no cost.

Helmet liners have kept soldiers warm as far back as World War II. Sometimes referred to as wool pulleys, these balaclava-type hats have been worn by soldiers around the world but have never been a staple item in a soldier's kit. Our soldiers in Afghanistan are especially grateful to feel the warmth of these hats from home — knowing that they have been created one stitch at a time and come from the hearts of caring Canadian crafters.

For more information about how you can help, please call Janie H. Knits at 326-0626. Stop by the shop at 528 Glen Tay Road, just outside Perth, Tuesday through Saturday from 10AM to 4PM, or visit anytime at <www.janiehknits.com>. The pattern is also available at that website.

Love Local Living at the Pakenham Fair

Let us lead you down the garden path at this year's Pakenham Fair, where we are celebrating local flavour, because all things grow with love, knowledge and fresh compost!

The Pakenham Fair returns to Mississippi Mills on Saturday, August 14, at the Stewart Community Centre, 112 Macfarlane Street. The fair opens at 7AM with a hearty breakfast. Exhibits, markets, shows, children's activities, contests and demonstrations are ongoing from 9AM to 4PM. Spend the day for the low admission rate of only \$3; children under 12 enter for free.

Discover, delight and indulge in **Local Flavour**, this year's theme, by digging through the mysteries of agriculture, horticulture, dairy, and meat production. Savour local flavours from the pantries, gardens, and farms of local food producers who will be selling organic meats, cheeses, eggs, honey, syrup, vegetables, and herbs. Rejuvenate and relax using natural soaps, teas, candles and body products.

Feast your eyes on the work of talented local artists, crafters, gardeners, and photographers whose displays will be judged by the fair's expert panel. Enjoy demonstrations of our region's finest livestock and horticulture at the 4H beef and dairy shows, the Pakenham Horse Association light and heavy horse shows, and the Pakenham Horticultural Society show. The fair welcomes a new addition to the



You'll find lots of local flavour at this year's Pakenham Fair! Vendors include Alpenblick Farm (above), Ottawa Valley Honey, The Veggie Patch CSA, Funny Duck Farms, and many more.

horse show ring: a charming parade followed by a gaited horse demonstration.

Learn how to introduce the benefits of organic food to your own kitchen and backyard from local experts at the fair's new **speaker series**. Presentations will take place between 10AM and 4PM in the upper hall at the Stewart Community Centre. A wide variety of information will be ripe for the picking including how to raise backyard chickens, converting garbage to gardens, useful wild herbs, and healing yourself with real food.

Cultivate your children's interest in nature and the outdoors at our children's tent. The

popular frog jumping race and petting zoo return this year, and don't forget to bring your teddy bear for the stuffed toys contest. Celebrate local flavour by participating in our fun games, arts and craft activities.

More information can be found in the Pakenham Fall Fair show schedule and prize list, now available online at <www.mississippimills.ca> and at local stores, libraries and the Information Office at 14 Bridge Street in Almonte.

Volunteers are always welcome and encouraged to share in the fun of being a part of the fair's planning team. We're a fine crop of people!

— Nicole Guthrie

Lower your rates, not your standards.

(Discounts up to 30% on car insurance.)

Switch to State Farm® and you could save big with one of our many discounts. Hurry in (but don't speed).



Ian F. McBain, Agent
114 Beckwith Street
Carleton Place, ON K7C 2T4
Bus: 613-257-5163
ian@ianmcbain.ca

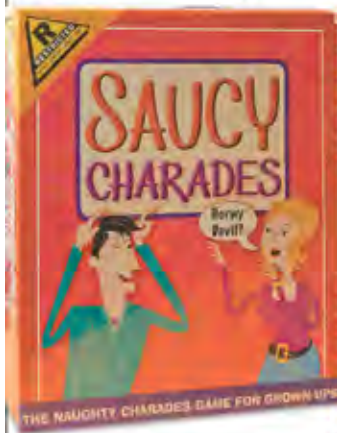


LIKE A GOOD NEIGHBOUR,
STATE FARM IS THERE.

statefarm.ca®

Jewellery Clothing

What happens at the cottage, stays at the cottage!



(613) 267-6817
67 Foster St., Perth
Open 362 days a year

Compact Discs Gifts from around the globe

The tradition continues...

Merrickville Antique Show & Sale

August 28 & 29 10AM-5PM

Merrickville Community Centre

Doug Stroud 613-850-5446

www.antique-shows.ca



Art of Being Green Projects Presents *Fiddling at the Fairgrounds*



Friday, August 27th, 3PM–11PM

3:15PM–5PM — open mic fiddling
(call to register)

Middleville Fairgrounds 4189 Wolf Grove Road

Eco-friendly vendors onsite 3–6PM

Entertainment By:

Celtic Fiddle Orchestra ♦ Elly Squared
The Band of Four featuring John Richard
Matt Pepin ♦ Wade Foster

Admission:

- ♦ Afternoon (3–6PM) – \$5 each
- ♦ Evening (6–11PM) – \$20 each
- ♦ All Day (3–11PM) – \$20 each
- ♦ Children 5 and under free

Licensed by LCBO 6–11PM



Fresh Air Festival

Saturday, August 28th, 10AM–5:30PM

Middleville Fairgrounds 4189 Wolf Grove Road

Eco-friendly Vendors onsite all day

Includes 100 Mile Lunch Buffet
Introducing the Fresh Flavours of Lanark County
Starting at 11AM

Entertainment By:

Silly Sally ♦ Music by Jake
Tell Mama ♦ The Mississippi Jug Stompers
Along the Lines ♦ Corkery Road ♦ Little Ray's Reptiles

Admission (Advance Tickets Required):

- ♦ Adults (13+) – \$25 each
- ♦ Youth (6–12) – \$15 each
- ♦ Children (5 & under) – \$5 each



THE ONTARIO
TRILLIUM
FOUNDATION



LA FONDATION
TRILLIUM
DE L'ONTARIO

Shuttle buses available from Ottawa to Middleville — check website for details

"Weekend Passes" are available — \$35 for both days

"Saturday Family Price" — (2 adults & 2 kids) for \$60

Please visit the website for performance times and how to get tickets

www.artofbeinggreen.ca Phone: 613-264-9979 Toll Free: 1-877-763-9979

